Toronto metro

WEEKEND, JULY 8-10, 2016

Honda Indy TORONTO

JULY 15 - 17, 2016 AT EXHIBITION PLACE

SATURDAY JULY 16

SÉRIE NASCAR PINTY'S SERIES

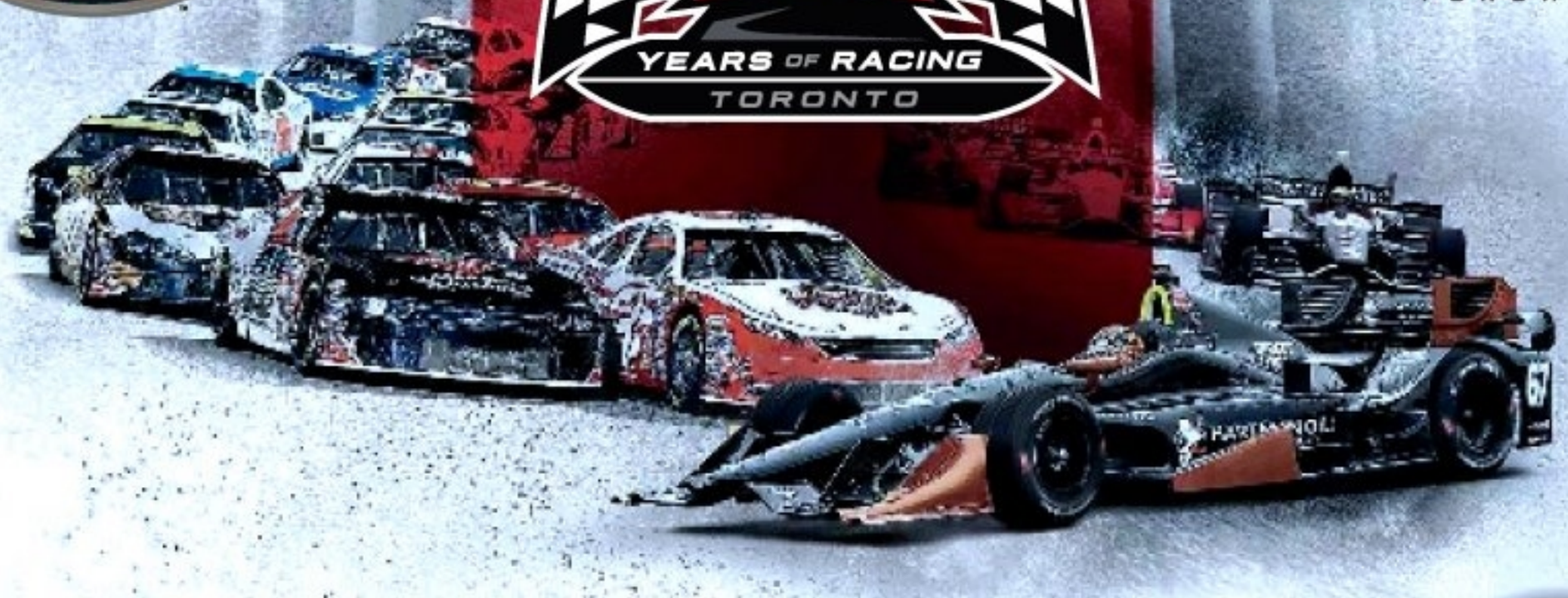
PINTY'S GRAND PRIX TORONTO

SUNDAY JULY 17

verizon indycar series

Honda Indy TORONTO

30 YEARS OF RACING TORONTO



GENERAL ADMISSION TICKETS START AT $40!

UNDER 12 FREE WITH PAYING ADULT

GET TICKETS HONDAINDY.COM

YOUR ONTARIO HONDA DEALERS PRESENT

Honda FANFRIDAY

IN SUPPORT OF MAKE-A-WISH Canada

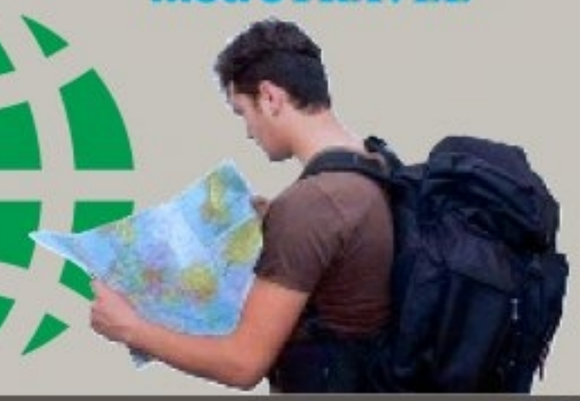
GATES ARE OPEN TO THE PUBLIC **FRIDAY JULY 15**
IN EXCHANGE FOR A DONATION TO MAKE-A-WISH CANADA

Toronto metro

WEEKEND, JULY 8-10, 2016

High 28°C/Low 17°C Risk of thunderstorms

How to find Europe in Canada
metroTRAVEL



THE STAGE IS SET

EURO 2016 FINAL
PORTUGAL VS. FRANCE

Where in Toronto to watch Sunday's big game metroNEWS

Full coverage of France's semifinal win over Germany metroSPORTS

Getting to know Jupiter to the core (thanks, Juno) metroSCIENCE

DIXIE OUTLET MALL
GRAND OPENING
FRIDAY JULY 8th
AT 10AM!

Treasure Hunt

30%-80% OFF
ON NAME BRAND MERCHANDISE

We purchase liquidations, overstocks, out of season goods, customer returns, and closeouts from manufacturers, distributors and other retailers.

Bring this in for an ADDITIONAL 10% OFF!
Valid July 8-10, 2016 only.
Coupon must be surrendered at time of purchase.

- 30,000 PIECES OF CLOTHING!
- 4,000 PAIRS OF SHOES & BOOTS!
- BBQ GRILLS 40% OFF!

Grand Opening Day!
First 200 people get a free t-shirt!
Enter to win a 60" Smart TV!

- LAWN & GARDEN MERCHANDISE 50% OFF!
- BED & BATH LINENS 50% OFF!
- FURNITURE 50% OFF!
- SCHOOL & OFFICE SUPPLIES 60% OFF!
- HOUSEWARES 50% OFF!
- PARTY SUPPLIES 70% OFF!
- DIAPERS & BABY MERCHANDISE 40% OFF!
- HEALTH & BEAUTY SUPPLIES 40% OFF!
- AND MUCH MORE 30% - 80% OFF!

Dixie Outlet Mall • 1250 South Service Road Mississauga • 905-271-3759

BE THE FIRST TO KNOW OF NEW MERCHANDISE & MARKDOWNS!
Sign up for e-alerts at iLoveTreasureHunt.ca or text DEALS to 289-204-4418

STORE HOURS: Friday 10AM-9PM SATURDAY 9:30AM-6PM SUNDAY 11AM-6PM
NEW DEALS EVERY WEEKEND!

metro NEWS

Your essential daily news

Drake 'emotional and truly scared' after hearing about shooting of black American. **World**

Faces that mean business

CORPORATE CULTURE

Study discovers how business leaders keep up appearances

May Warren
Metro | Toronto

From dragons in dens to wolves on Wall Street, corporate executives are often compared to all sorts of aggressive animals.

But a new study from the University of Toronto suggests when it comes to the non-profit sector; a softer, gentler appearance may actually help you get ahead.

Researchers showed volunteers pictures of both corporate and non-profit CEOs and asked them to rate the individual's faces on different attributes such as "dominance" and "likability."

Corporate CEOs, who had more powerful faces with larger jaws, heavier brows and wider set teeth, tended to be more successful in the business world, said Nicholas Rule, an associate professor of psychology at the University of Toronto.

But the opposite was true for successful non-profit CEOs, who were more likely to have rounder, happier faces, according to the study.

"The basic message is that the perception of traits that seem to benefit the CEOs of for-profit organizations don't necessarily apply to non-profit organizations," said Rule.

The study was limited by the lack of diversity of CEOs, in both the corporate and non-profit world, he noted.

"We were forced to just sort of stick with men because we wouldn't have had enough statistical power to do a meaningful comparison," he said.

Jawlines and profit margins

Here are eight prominent Toronto leaders. Can you guess which sector they're from?

CANADIAN PRESS FILE/TORSTAR NEWS SERVICE FILE/CONTRIBUTED

1. Daniele Zanotti, CEO of United Way Toronto York Region (non-profit); **2. Bharat Masrani,** Group President and CEO of TD Bank Group (business); **3. Galen G. Weston,** president of Loblaw (business); **4. Robert Deluce,** President and CEO of Porter Airlines (business); **5. Heather Reisman,** CEO of Indigo (business); **6. Stephen Lewis,** chair of the board of directors of the Stephen Lewis Foundation (non-profit); **7. Catherine Zahn,** president and CEO of CAMH (non-profit); **8. David Miller,** President and CEO of WWF Canada (non-profit)

IN BRIEF

Pride volunteer quits

Pride Toronto volunteer team lead Jacqie Lucas resigned to protest her organization's handling of the Black Lives Matter demands.

Lucas said she stepped down "in solidarity with Black Lives Matter." She said Pride Toronto should "apologize profusely for ... mistreatment, thoughtless and complete disregard."

TORSTAR NEWS SERVICE

Ex reverses course

There will be free admission after all at this year's Ex for people with disabilities. After critics called out the Canadian National Exhibition for a decision to eliminate free passes for people with disabilities, the fair has opted to keep its original policy — for this year.

"This fall the CNE will be hosting public consultations about the admissions policy for persons with disabilities," a statement read.

TORSTAR NEWS SERVICE

Insurance for Uber users

Uber riders can rest a little easier en route, says the ride-hailing company, after the province approved an insurance plan Thursday that covers paying passengers. The plan ends Uber drivers' legal limbo. It also makes Ontario the second Canadian jurisdiction after Alberta to give the go-ahead to a policy tailor-made for ride-sharing services.

TORSTAR NEWS SERVICE

SAVE ON CUSTOM WINDOW SHADES

50% OFF HUNTER DOUGLAS SCREEN SHADES
Designer screen shade collection

40% OFF NANTUCKET WINDOW SHADINGS
Light filtering and room dimming

PLUS A NO-CHARGE REMOTE CONTROL
Place any new order for Powerview shades and receive a pebble remote control at no additional charge. One per household.

ARRANGE YOUR COMPLIMENTARY IN-HOME CONSULTATION TODAY
CALL 416-364-3959 OR 1-800-818-7779
July 4 to August 20, 2016. Savings off our regular prices.

HUDSON'S BAY

Families on housing list to get rent relief

AFFORDABLE HOUSING

Allowances going to those waiting for 10 years or more

A total of 550 families will receive rent relief while they continue to wait alongside 97,000 others for affordable housing.

Eligible families will receive $250 per month toward rent in their current homes while keeping their spot in line for more affordable housing. That money comes as part of a federal and provincial funding program, Mayor John Tory announced Thursday morning.

They are the first new allowances handed out in Toronto since 2012.

"There's a real and growing divide in this city between those who can afford to live and work here and those who can't," Tory said at the Regent Park Athletic Grounds, part of recent redevelopment in the densely-populated social housing community. "It can be the difference of keeping a roof over their head."

Coun. Ana Bailao, Mayor John Tory and Coun. Pam McConnell walk together in Regent Park before speaking about Tory's "Open Door Program" on Thursday. MELISSA RENWICK/TORSTAR NEWS SERVICE

The new allowances will be given to 500 families with three children or more who have been on the waiting list for 10 years or more and 50 families who need wheelchair-accessible units and who have been waiting for at least eight years.

The allowances give families the ability to move and still receive the rent relief, unlike rent subsidies which are attached to a particular address.

There are currently 4,000 families who receive housing allowances from the city. There are more than 170,000 people represented on the affordable housing waiting list.

Coun. Ana Bailao, who chairs the affordable housing committee, said they are looking to "diversify" the tools to provide adequate housing at a time when there are billions in backlogged costs to repair shuttered public housing and an operating shortfall for next year at Toronto Community Housing already totalling $96 million. "These 550 new housing allowances will have a real impact for some of the families on our wait list who need our help the most and have been waiting just way too long," she said.

TORSTAR NEWS SERVICE

CITY HALL

Councillor revisits bike licensing idea

An Etobicoke councillor is looking to wheel out an old and controversial idea at city council next week: bicycle licensing.

Stephen Holyday (Ward 3, Etobicoke Centre) has submitted a motion asking transportation staff to report back early next year on options to license or register adult Torontonians' bikes.

Holyday said licensing the city's two-wheeled vehicles could be an effective way to raise money for cycling infrastructure, gather ridership data, and increase safety awareness.

Last month Holyday was one of only two councillors to vote against adopting the city's new 10-year cycling plan.

TORSTAR NEWS SERVICE

A parking enforcement officer patrols a bike lane in downtown Toronto. TORSTAR NEWS SERVICE

WEATHER

High temperatures force GO to slow down trains

Expect it to take 10 minutes or so longer to get home Friday on GO Transit, as the heat wave warms train tracks to unusual levels.

"For safety, a slow order has been issued for trains between 2-6 p.m. today causing minor delays," tweeted Anne Marie Aikins of Metrolinx on Wednesday.

"Sustained high temperatures beyond 30C can cause 'sun kinks' in steel rails," a statement issued by Metrolinx on Wednesday says. "These bends in the rail can cause a safety issue if trains pass over them too quickly." TORSTAR NEWS SERVICE

We are looking for FEMALES for an upcoming study

If you are a female, 18-50 years of age, non - smoking and free of daily medications, you may be eligible.

Lambda Therapeutic Research Inc.
Participants are compensated for their time.
Compensation is up to $4,000
for completing the entire study
(disbursed throughout the study)

REFER A FRIEND AND YOU MAY RECEIVE $100

LAMBDA
Lambda Therapeutic Research

Study #0338-16
1 period with several return visits

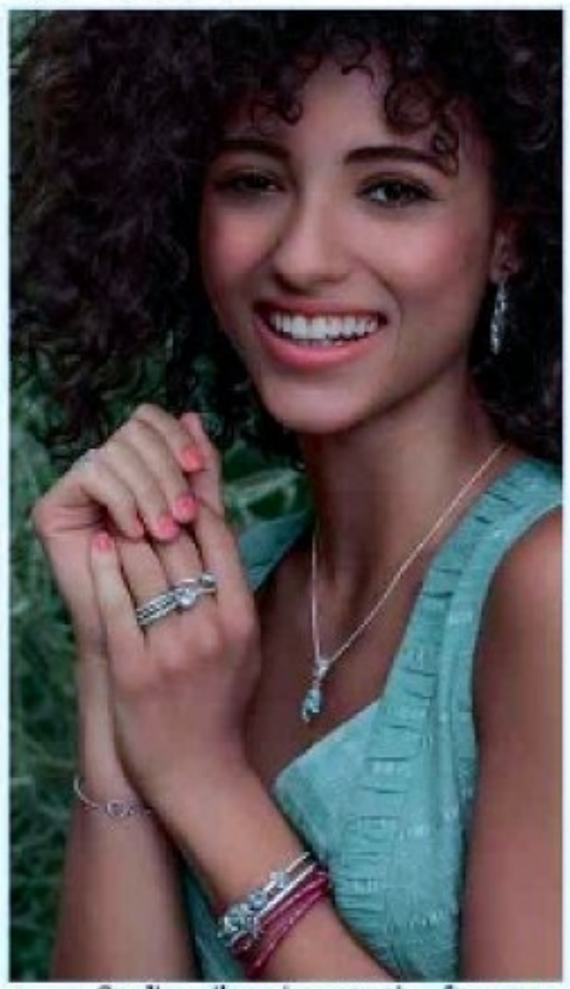
	Check-in	Check-out
Period 1	July 23rd, 2016	July 26th,2016

FOR MORE INFORMATION
416-752-3333 Toll Free: 1-866-207-3333
Mon-Fri: 9am-5pm Saturday: 9am – 3pm
www.lambdacanada-cro.com www.todaysresearch.com
Location: 460 Comstock Road, Toronto, M1L 4S4

PANDORA

JULY 7–17
FREE RING
WITH PURCHASE OF ANY TWO PANDORA RINGS
FREE RING MUST BE OF EQUAL OR LESSER VALUE

Aurora's
GIFTS FOR EVERY OCCASION
1610 Midland Avenue
Toronto, Ontario, M1P3C2
416.752.9300 | 1.800.668.3333
www.auroracollectibles.com



Sterling silver rings starting from $40.
Mix, match, and stack a wide variety of ring designs from PANDORA's ring collection to express your unique style.
Explore them all at Pandora.net or in-store at Aurora's.

5 Places to get your Euro on

Gilbert Ngabo
Metro | Toronto

Football fever is at an all-time high in Toronto, as the month-long European football competition comes to a close Sunday. Portugal is back in the final, 12 years after losing to Greece. Real Madrid star Cristiano Ronaldo and his team will face France, who are looking for their third Euro title. And whether you're a French follower, a Portuguese patron, or just a fan of the beautiful game, here are five places to catch Sunday's final in Toronto.

FOR FRANCE FANATICS:

1 Point Bar (488 College St.)

Since the tournament started, the funky bar near College and Bathurst streets has seen an influx of French-speaking fans. During some of France's games, the bar was so packed that people were watching the action from outside.

2 La Société (131 Bloor St. W.)

Not generally known as a sports venue, the high-end French bar and restaurant near Bloor and Avenue has been making exceptions every time Les Bleus have played. Sunday is expected to be "pretty jammed," said an attendant.

FOR PORTUGUESE DEVOTEES:

3 Euro Sports Bar & Café (252 Lansdowne Ave.)

Expect Portugal fans at this west-end spot to be both loud and proud. Should the Portuguese team win, you can expect the party to spill out onto the street.

4 The Derby (1516 Dundas St. W.)

This Dundas and Dufferin area bar is known to open as early as 8 a.m. on a day when a good soccer game is scheduled. It's been opening an hour before kickoff since Euro Cup started, and is a gathering place for fans of the Portuguese team.

FOR THOSE WITHOUT AN ALLEGIANCE:

5 The Football Factory (164 Bathurst St.)

Regardless of team allegiance, this Queen and Bathurst bar has a bevy of screens to catch the game, plus drink and food specials right out of a European sports bar. Owner Pat Pennman describes the place as "everybody's home away from home when it comes to football."

427/QEW KIA
NOW OPEN SUNDAYS!
KIA
SUMMER OF SAVINGS
SALES EVENT

UP TO $7,777* IN CASH DISCOUNTS ON SELECT MODELS
MAXIMUM DISCOUNT ON OPTIMA HYBRID*
OR
FINANCING AS LOW AS 0% UP TO 84 MONTHS ON OTHER SELECT MODELS*

TOP VALUE FOR YOUR TRADE • SERVICE PACKAGE GIVEAWAYS • EXTENDED WARRANTIES

10 Exclusive Door Crashers! Ask Dealer for Details

Sorento SX Turbo AWD shown† | Forte SX AT shown† | Rondo EX Luxury shown†

ALL-NEW 2016 SORENTO 2.4L LX FWD
LEASE FROM $67 WEEKLY‡
$1,900 DOWN AT 1.9% APR FOR 60 MONTHS‡
INCLUDES $500 IN DISCOUNTS= AND $500 COMPETITIVE BONUS** OR LOYALTY BONUS¶
STANDARD FEATURES: HEATED FRONT SEATS, BLUETOOTH® CONNECTIVITY
AVAILABLE ALL-WHEELDRIVE

2016 FORTE SEDAN
0% FINANCING FOR 60 MONTHS◊ + GET UP TO $3,500◊ IN DISCOUNT ON ALL FORTE SEDANS
INCLUDES $500 COMPETITIVE BONUS** OR LOYALTY BONUS¶
AVAILABLE FEATURES: HEATED FRONT & REAR SEATS, REARVIEW CAMERA

2016 RONDO
GET UP TO $4,500* IN DISCOUNTS ON ALL RONDOs
INCLUDES $500 COMPETITIVE BONUS** OR LOYALTY BONUS¶
AVAILABLE FEATURES: HEATED STEERING WHEEL, REARVIEW CAMERA
7 PASSENGER SEATING AVAILABLE

AJAC Automobile Journalists Association of Canada BEST NEW SUV
5-Star Safety Ratings

KIA The Power to Surprise

427/QEW KIA 1581 The Queensway, Toronto 1-877-524-5761 • www.qewkia.com

5 YEAR 100,000 KM WARRANTY • COMPREHENSIVE • POWERTRAIN • ROADSIDE ASSISTANCE • 100% TRANSFERABLE

The new Kia friendly price freight and delivery costs as well as all required government fees. It does not include registration, insurance, license fees and taxes.

Offer Ends Aug 2nd

Offer(s) available on select new 2016/2017 models through participating dealers to qualified retail customers who take delivery from July 1 to August 2, 2016. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing and payments include delivery and destination fees up to $1,740, $5 OMVIC fee, $29 tire fee, and $100 A/C charge (where applicable). Excludes other taxes, paint charges ($200, where applicable), licensing, PPSA, registration, insurance, variable dealer administration fees, fuel-fill charges up to $100, and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. *Cash Purchase Price for the new 2016 Rondo LX Value AT (RN75AG)/2016 Optima Hybrid LX (OP741G) is $21,169/$24,012 and includes a cash discount of $4,500 (including $500 competitive bonus** or loyalty bonus¶)/$7,777 (including $1,000 ECO-Credit). Includes delivery and destination fees up to $1,740, $5 OMVIC fee, $29 tire fee, and $100 A/C charge (where applicable). Dealer may sell for less. Other taxes, registration, insurance and licensing fees are excluded. Cash discounts vary by model and trim and are deducted from the negotiated selling price before taxes. 0% financing on select 2016 models. Available discount is deducted from the negotiated purchase price before taxes. Certain conditions apply. See your dealer for complete details. Representative Financing Example: Financing offer available on approved credit (OAC), on a new 2016 Forte LX AT (FO742G)/2016 Soul LX+ MT (SO553G) with a selling price of $20,489/$20,869 is based on weekly payments of $65/$56 for 60/84 months at 0% with a $0 down payment and first monthly payment due at finance inception. Offer also includes $3,500/$500 discount ($3,000/$500 loan credit and $500/$0 competitive bonus** or loyalty bonus¶). Cost of borrowing is $0 and total obligation is $16,989/$20,369. Other taxes, registration, insurance and licensing fees are excluded. =Representative Leasing Example: Lease offer available on approved credit (OAC), on the 2016 Sorento 2.4L LX FWD (SR75AG) with a selling price of $29,569 (includes $500 lease credit discount and $500 competitive bonus** or loyalty bonus¶) is based on a total number of 260 weekly payments of $64 for 60 months at 0.9% with $0 security deposit, $1,900 down payment and first payment due at lease inception. Total lease obligation $16,583 with the option to purchase at the end of the term for $10,928. Lease has 16,000 km/yr allowance (other packages available and $0.12/km for excess kilometres). **Competitive Bonus offer available on the retail purchase/lease of any new 2016 Rio, 2016 Rio5, 2016 Forte, 2016 Forte Koup, 2016 Forte5, 2016 Sorento, 2017 Sportage, and 2016 Rondo for the amount of $500, and 2016 Sedona and 2016 Optima for the amount of $750 from participating dealers between July 1 to August 2, 2016 upon proof of current ownership/lease of a select competitive vehicle in the relevant class/category. Competitive models include specific VW, Toyota, Nissan, Mazda, Mitsubishi, Hyundai, Honda, GM, Ford, Jeep, Pontiac, Suzuki, Saturn, Chrysler, Chevrolet, Subaru, BMW, Mercedes-Benz, Lexus, Land Rover, Infiniti, Acura, Audi, Lincoln, Volvo and Buick vehicles. ¶$500/$750 loyalty bonus offer available on the retail purchase/lease of any new 2016 Forte, 2016 Sorento, 2017 Sportage, 2016 Rio, 2016 Rio5 and 2016 Rondo/2016 Sedona and 2016 Optima from participating dealers between July 1 to August 2, 2016 upon proof of current ownership/registration of Kia vehicle. Some conditions apply. See your dealer or kia.ca for complete details. †Model shown Manufacturer Suggested Retail Price for 2016 Sorento SX Turbo AWD (SR75IG)/ 2015 Rondo EX Luxury (AT) 7S w/Navi 18" (RN756G)/2016 Forte SX AT (FO748G) is $42,295/$32,795/$26,695. The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

METRO SUMMER FIELDTRIP

Fishing in the 6ix

Before sunrise and the morning traffic rush, a small but loyal community of fishing devotees pack their rods and tackle and head to special nooks along central Toronto's waterways. Skyscrapers loom nearby as cast after cast draws the hope of a big summer bite. **LIZ BEDDALL** METRO

Bay and Queen's Quay

"Everyone has their own secret lure," says long-time sport fisher Fidel Campbell while fishing at the foot of Bay and Queen's Quay. "I do too, and I tend to keep it hidden."

Trout, pike, bass, walleye

A summer morning at Toronto's Harbourfront can offer Northern Pike, rainbow trout, brown trout, largemouth bass, smallmouth bass and the occasional walleye.

Harbourfront

"You can't come down expecting to catch something," says Fidel Campbell, who didn't get a bite on his Harbourfont fishing excursion. "But that's not what it's about."

High Park

A regular to the Grenadier Pond in High Park casts away along a trail by the water. A community of fisherpeople has developed in this area, with many of them running into each other two to three mornings a week.

Downtown lifestyle

"We live a hectic lifestyle in the city," says Fidel Campbell. "So when you come down to the water everything kind of melts away. Even when you're fishing right downtown, you're still focused."

Grenadier Pond

Grenadier Pond offers smaller 'pan fish', including bluegill, pumpkinseed, black crappie, yellow perch and white perch.

Pond regular

Shane R. has been a regular at Grenadier Pond for years. "I learned to appreciate every single aspect of what I do when I come here. From walking the path, to listening to the birds to stories that the other fishers tell me."

TOYOTA 2016 FACTORY EVENT

SALE IS ON THIS WEEKEND!
FRIDAY JULY 8TH & SATURDAY JULY 9TH

CHOOSE 1 OF 2 OPTIONS:
EVERY CUSTOMER THAT PURCHASES A NEW OR USED VEHICLE FROM TOYOTA ON THE PARK THIS WEEKEND WILL RECEIVE THE CHOICE BETWEEN.

OR
$500
IN FREE ACCESSORIES

OR
$500
IN PREPAID MAINTENANCE AT TOYOTA ON THE PARK

2016 RAV4**
All In Lease $109 @1.99%
All In Finance $157 @2.49% ZERO DOWN
All In Price $27,139 +HST

REBATE UP TO $1000

REBATE UP TO $1500

2016 COROLLA**
All In Lease $69 @1.99%
All In Finance $92 @2.99% ZERO DOWN
All In Price $17,624* +HST

Corolla CE: All in price includes freight and fees, HST Extra. All in lease is bi Weekly for 60 months with $1000 down and $1500 customer inventive applied. Includes freight and fees, HST extra. All in Finance is bi weekly for 84 months with $0 down and $1500 customer incentive applied.Includes freight and fees, HST extra. Rav4 FWD LE: All in price includes freight and fees, HST extra. All in lease is bi Weekly for 60 months with $2600 down and $1000 customer incentive applied. Included freight and fees, HST extra. All in Finance is bi Weekly for 84 months with $0 down and $1000 customer incentive applied. Includes freight and fees, HST extra.

TOYOTA On the Park
1077 LESLIE ST., TORONTO, ON
(Leslie & Eglinton)
1-888-475-7346

Therapy, voodoo best of both worlds

MENTAL HEALTH

Hospital to partner up with group of Haitian priests

Gilbert Ngabo
Metro | Toronto

Haitian Voodoo priest Widner Dumay CONTRIBUTED

The Centre for Addiction and Mental Health is entering the voodoo business.

Well, sort of.

Through its Office of Transformative Global Health, CAMH is launching a partnership with Haitian voodoo healers, helping them serve the mental health needs of the local population.

Cases of depression and anxiety in Haiti have ballooned in the aftermath of the 2010 earthquake, but there's a lack of trained mental health professionals, said the office's program director Akwato Khenti.

In a country of over 10 million people, there are only 194 trained psychologists, 27 psychiatrists and three psychiatric nurses.

"People with even mild to moderate PTSD problems have no options to professional treatment unless they are wealthy," Khenti said.

There are however some 60,000 voodoo priests, who use traditional methods such as storytelling and dance to treat various illnesses. CAMH is hoping to build on their popularity to increase Haitians' access to mental health services.

"The voodoo community is often marginalized and dismissed as superstitious in Western societies, but it provides an important level of cultural comfort," said Khenti, noting 40 per cent of mental health recovery is attributed to the relationship between the patient and the person providing care.

The partnership will aim to integrate evidence-based therapy into the traditional practice of voodoo, something Widner Dumay — who has practised voodoo for over 25 years in Haiti — believes is "desperately needed."

In particular, Dumay hopes incorporating contemporary techniques into voodoo will build trust with Haiti's large Christian population, many of whom have been skeptical of the practice in the past.

He and a few other voodoo priests will be in Toronto later this month to support the Best of Both Worlds campaign raising funds to produce an interactive film for voodoo leaders in rural communities.

"We hope to learn new techniques and skills from professional therapists, because our work is already overwhelming," said Dumay, who receives between 100 and 150 patients per week.

EARN
$5855!
Plus $1800 in Travel Expenses

Are you a Healthy Male between 18 and 45 years of age? If so, we want to hear from you!

Apotex is currently recruiting healthy non-smoking men to participate in a clinical study.

REGISTER ONLINE AT WWW.APOTEX.CA
or Call: 416.741.4256 Toll Free: 1.877.APO.CLNC (1.877.276.2562)
Hours: 8:30AM to 5PM MONDAY TO FRIDAY

- 4 day confinement period, plus 13 one hour, early morning return visits
- You will be paid in installments

APOTEX
ADVANCING GENERICS

BODYSCULPT Clinic
ONE WEEKEND EVENT
One Weekend Special

THIS SUMMER.
FEAR NO SWIMSUIT.

Freeze Your Stubborn Fat Away Forever!

BODYSCULPT CLINIC

- Discounts on coolsculpting for our first 20 walk ins (and get Free RF & Fat Cracker Treatment)
- Buy Botox and get free fillers (or Vice Versa)
- Free Therapy & demonstrations on site (Acne, Melasma, wrinkles, scares)
- Get Lifetime Guaranteed hair removal results for the same price as hair waxing (Free Trial)
- Draws to win our treatments

coolsculpting
FDA Approved
One session. One hour.
No surgery. No downtime.

ALL GUESTS WILL RECEIVE
A NICE GIFT BAG

160, New Delhi Dr, Unit 99,
Markham, Ontario, L3S 0B6
(Unit is located on Kirkham Dr of the Plaza)

To book a Free Consultation:
905-294-1800
http://www.bodysculptclinic.ca/

POLITICS

Electoral reform won't be easy: Election chief

The Liberals' proposal to overhaul Canada's electoral system just got more complicated.

Outgoing Chief Electoral Officer Marc Mayrand told MPs Thursday a new voting system may require a long and difficult process to redraw Canada's 338 electoral districts.

Mayrand said it's still possible, if the government moves quickly, to put in place a new system for 2019 — but it's not so simple as placing a new process over the existing ridings.

"Even looking at a streamlined process to simply aggregate the current ridings, you will have pockets where aggregation will not necessarily be the best way to go. You may find, among other things, a community of interest could be linguistic. Or you may suddenly, through aggregation, completely dilute a community of interest."

Part of the problem is that Elections Canada doesn't know what kind of system will be ultimately proposed.

The electoral reform committee is meeting throughout the summer to come up with a recommendation for Democratic Institutions Minister Maryam Monsef. The Liberal cabinet, however, will ultimately decide on legislation.

Mayrand, who is stepping down later this year, said many things are possible — but repeatedly noted the clock is ticking. Elections Canada has worked on a number of contingency plans, but requires a new system approved no later than May 2017.

TORSTAR NEWS SERVICE

DETAILS

- While the Liberals have not endorsed any system, the NDP is pushing for a form of proportional representation, which they argue would reflect the popular vote.
- The Conservatives are generally thought to support the current first-past-the-post system, and say Canada's 149-year-old voting system shouldn't be substantially changed without a referendum.
- Mayrand told MPs that Elections Canada estimates a referendum would cost around $300 million.

IN BRIEF

24 Sussex to get makeover

Rather than taking a giant wrecking ball to the prime minister's official residence, the National Capital Commission is making clear it wants to give the building a facelift. Debate over what to do about deficiencies at 24 Sussex Drive has been swirling since last October when it was announced that Prime Minister Justin Trudeau and his family would not be moving into the home.

THE CANADIAN PRESS

Stay clear of whale: Rescuer

A whale rescuer is urging boaters in Newfoundland to steer clear and call it in if they see a humpback dragging fishing gear. Wayne Ledwell says the whale was last reported Tuesday night off Bonavista Bay in Newfoundland pulling a fisherman's buoy. The orange balloon was about 100 metres behind the whale, which is believed to be dragging a long rope and other gear. THE CANADIAN PRESS

Defence Minister Harjit Sajjan and two-year-old Sophia Popalyar during a visit to Parliament Hill on Thursday. CONTRIBUTED

Toddler's political tantrum gets results

PARLIAMENT

Sophia's tearful demand to meet Harjit Sajjan was granted

A two-year-old girl's tearful plea on Canada Day has turned into a dream come true.

Sophia Popalyar got her wish Thursday, touring Parliament Hill with Defence Minister Harjit Sajjan and even sitting in the Speaker's chair in the House of Commons.

The visit was the result of a Twitter courtship over the last week between the toddler, who has a knack for recalling the names of federal Liberal cabinet ministers, and Sajjan, a key minister in Justin Trudeau's cabinet.

On July 1, Popalyar's father, Fawad, filmed his daughter in the family car as she heartbreakingly asked to go to the Canada Day festivities on Parliament Hill, regardless of the rainy weather.

In the clip, Sophia said she wanted to see the defence minister. The only problem was that Sajjan happened to be celebrating in his home province of B.C.

A short while later, Sajjan posted his own video addressed to Sophia, promising that his staff would arrange a meeting upon his return.

"I'm looking forward to meeting you because one of my goals is to meet with future leaders of Canada," he said.

> I met my new friend Sophia today. When she grows up, she wants to be prime minister. I bet she will.
> Defence Minister Harjit Sajjan

The minister met Sophia, who was accompanied by her parents, in the rotunda, just inside from the House of Commons' main entrance. Hunkering down to the young girl's eye-level the two talked about how the historic building would be just the place for a game of tag or hide and seek, said Sajjan's spokesman, Jordan Owens.

They toured the Senate, the Library of Parliament and the Commons, where Sophia sat in the Speaker's chair.

"(The minister) asked her what she wanted to be when she grew up and she said 'Justin Trudeau,'" Owens said. "The minister told her that Justin Trudeau wants her to be prime minister."

Sajjan posted a picture on Twitter of the two of them walking hand in hand through Parliament Hill's Centre Block.

"I met my new friend Sophia today," Sajjan wrote. "When she grows up, she wants to be prime minister. I bet she will."

TORSTAR NEWS SERVICE

UNLIMITED TALK+TEXT+DATA
$35/MO
INCLUDES UNLIMITED:
Province-Wide Talk,
North American Text,
Voicemail + MORE
Data (2GB @ Top Speed)
mobilicity
Now that's smart.
Plus! Get UNLIMITED Canada/US long distance & global text, 30 minutes free roaming & 6Gb full speed allotment for only $10 more per mo.

UP TO 66% OFF!
ZTE Martin II Sale! $39.99 REG: $89.99
Moto E Sale! $69.99 REG: $129.99
Moto G Sale! $149.99 REG: $229.99
Samsung Galaxy Grand Prime Sale! $199.99 REG: $269.99
LIMITED TIME OFFER
Available at specified locations only. Prices available on new activations only, 3 month payment and sim charge may apply. Please see in store for details. Pearl communications terms and conditions.Third party handsets are sold by independent store owners to customers directly. These handsets are not supported by Mobilicity, and may not work optimally on Mobilicity's network. Return, exchange and warranty for these handsets may vary from those of Mobilicity or the manufacturers. Please ensure that you enquire further details from stores before you make your purchase.

Brampton
379 Main St N
(905) 451 0379
Dufferin Mall
900 Dufferin St.
(416) 530-0005
Mimico & Lakeshore
2456 Lakeshore Blvd. W.
(416) 259-3654
Dufferin & Eglinton
1818 Eglinton Ave. W
(416) 787-8890
Queen & Lansdowne
1484 Queen St. W.
(416) 530-1800

Shot 'for no apparent reason'

ST. PAUL

Philando Castile just the latest black man killed by police

A woman who watched as a police officer fatally shot her boyfriend during a traffic stop streamed the gruesome aftermath of the slaying live on Facebook, telling a worldwide audience that her companion had been shot "for no apparent reason" while reaching for his wallet.

Within hours, the Minnesota governor was pressing for the Justice Department to open its second investigation of the week into the death of a black man at the hands of police.

The latest shooting happened late Wednesday in the St. Paul suburb of Falcon Heights, a community of 5,000 people that is also home to Minnesota's annual state fair and part of the massive University of Minnesota campus.

In the video, Diamond Reynolds describes being pulled over for a "busted tail light" and says her boyfriend had told the officer he was carrying a gun for which he was licensed.

Diamond Reynolds, the girlfriend of Philando Castile, weeps during a press conference at the Governor's Residence in St. Paul, Minn. on Thursday. Philando Castile was shot in a car Wednesday night by police in the St. Paul suburb of Falcon Heights. STAR TRIBUNE/THE ASSOCIATED PRESS

As word of the shooting spread, relatives of the man joined scores of people who gathered at the scene and outside the hospital where he died. They identified him as Philando Castile of St. Paul, a well-liked 32-year-old cafeteria supervisor at a Montessori school.

Reynolds said Thursday that he was killed even though he complied with the officer's instructions. She told reporters that Castile did "nothing but what the police officer asked of us, which was to put your hands in the air and get your license and registration."

The governor stressed that not all facts are known but nonetheless called it a senseless death that was apparently fueled in some part by racism.

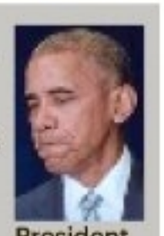
"Nobody should be shot and killed in Minnesota for a tail light being out of function," he said. "Would this have happened if those passengers would have been white? I don't think it would have."

Dayton said the Minnesota Bureau of Criminal Apprehension had opened an investigation. The Justice Department said it planned to monitor the state probe and would provide assistance if needed.

Police did not release any details about the officer who fired. THE ASSOCIATED PRESS

REACTION

President Barack Obama called on law enforcement to root out bias in its ranks and said all Americans should be troubled by frequent police shootings of blacks and Hispanics, insisting that fatal incidents in Minnesota and Louisiana are not isolated. Obama said the shootings were symptoms of a "broader set of racial disparities."



President Obama

STATEMENT

Drake left 'scared' by killing

Drake has spoken out against the killing of Alton Sterling by police in Louisiana, saying it points to a larger problem.

The rapper posted on Instagram that he was "disheartened, emotional and truly scared" after hearing about the shooting.

Drake AFP/GETTY IMAGES

The violence outside a Baton Rouge convenience store late Tuesday was captured in two amateur videos posted online, which quickly went viral. One of the videos directly shows a tussle between officers and Sterling before he is shot in the chest.

The "Hotline Bling" singer, whose father is from Memphis says he considers the U.S. his second home. He says he felt the need to say something after hearing about the incident.

Drake's response came before another black American, Philando Castile, was killed by police in Minnesota. THE CANADIAN PRESS

U.S. ELECTION

Trump goes on 'alarming' rant about mosquitoes and Saddam

We might as well start with the mosquito.

Donald Trump was speaking in Cincinnati on Wednesday night, trying to stay something critical about Democrats. But he kept getting distracted by a pest flying in his line of vision.

"I don't want mosquitos around me," he said, whacking on his podium. His voice rose to a shout: "I don't like mosquitos!" Then he growled, "I don't like those mosquitos, I never did." Then, he said, "Speaking of mosquitos, hello Hillary."

It was one of the most bizarre sequences you'll ever see from a presidential nominee. And it wasn't even the strangest part of the night, which ended with trump tweeting a photo of a book of stickers from the Disney film Frozen to mock accusations that he had made an anti-Semitic attack on Hillary Clinton.

Trump has delivered dozens of unorthodox addresses in a campaign that has thrilled millions and laid waste to wisdom about how politicians must talk and behave. But his rant was you-gotta-see-it-to-believe-it odd.

"Objectively as alarming, in mental-balance terms, as anything we have seen from a major party candidate in modern history," wrote James Fallows, the Atlantic correspondent and former chief speech writer to President Jimmy Carter. TORSTAR NEWS SERVICE

WE NEED MALES & FEMALES
Are you a healthy, non-smoking,
MALE OR FEMALE 18 AND OVER?
• Free of daily medications?
If so, you may be eligible for our upcoming clinical research studies:
• We conduct weekdays as well as weekend studies.
• Compensation may range from $1,000 to $4,000 depending on the length of the study.
BioPharma SERVICES INC.
Research. Results. Reliability.
CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8am-6pm, Sat-Sun: 10am-6pm
4000 Weston Road, Toronto | www.biopharmaservices.com

Do you have diabetes?
Would you like to lose weight?
Join a diet study at St. Michael's Hospital.
You may qualify if you:
• have Type 2 diabetes treated with tablets (but not insulin)
• are overweight
• are in good health
Call the Diabetes Weight Loss Diet Study at: 416-867-7474 or 416-867-7475
St. Michael's
Inspired Care. Inspiring Science.

metro VIEWS
Your essential daily news
SCIENCE SAYS Weekend, July 8-10, 2016

BABY GAIT
3D-camera studies are shedding light on why pregnant women have that distinctive, waddling walk — and could help prevent falls in the future.

WHAT IS JUPITER, ANYWAY?

NASA calls it the 'biggest, baddest planet in the solar system.' Gigantic, gaseous, magnetic, ultra-radioactive **Jupiter** — 300 times more massive than Earth — is unknown to us in so many ways. But thanks to the **Juno mission spacecraft**, which entered the mammoth planet's orbit July 4, that's about to change.

VERY FAST FACTS

- **NASA's Juno spacecraft is the fastest human-made object ever,** with a peak speed of about **209,000 km/h.**

It's about **9 m** across at its widest point, including the solar panels that power its flight, and weighs **3,625 kg**.

2-metre human

- At its closest approach, it cruises **4,000 km** above Jupiter's clouds.
- Juno launched on **Aug. 5, 2011** and travelled **2,800,000,000 km** from Earth to arrive at Jupiter on **July 4, 2016**.
- Its electronic instruments are encased in a titanium box built to withstand the radiation equivalent of **100 million X-rays at once.**
- Total mission cost: **$1.13B U.S.**

THE (GAS) GIANT MYSTERY

Even if you could bear the cold (around -145 C at the surface), you couldn't walk on Jupiter. **It's made up of 99 per cent helium and hydrogen gas**.

What's the other one per cent? Nobody knows exactly, but Jupiter's insides are made of something very, very heavy. The outer core is thought to be **metallic hydrogen**: hydrogen gas under such tremendous pressure it starts to behave like a metal. The planet might also have an inner core: Maybe made of rock, maybe heavy metal, maybe something else. That's what Juno is trying to learn.

HOW JUNO WORKS

As the spacecraft flies around Jupiter, its orbit will wobble and it will change speeds a bit as it passes over regions with slight variations in gravity. These wobbles can be detected by radio antenna on Earth.

If the planet has a rocky core, Juno is expected to speed up a bit on its path between the pole and the equator. The radio signals heard on earth will be higher-pitched. This is called the **Doppler Effect**.

GRAPHICS: ANDRÉS PLANA/METRO

FINDINGS
Your week in science

MICHAEL LANDRESS/FLICKR

SLIPPERY SWIMMERS
Researchers writing in the Journal of Experimental Biology have discovered that swordfish have an oil gland that lubricates their heads to reduce drag and allow them to shoot through the water, sword-first, at up to 100 km/h.

THE FIRST FUNERAL
A 12,000-year-old archeological site in modern-day Israel has revealed the remnants of an ancient, fabulous funeral. The dead woman, probably a shaman, was buried with dozens of tortoise shells, a leopard pelvis, an eagle's wing, a human foot, a boar's arm and the chewed-over remains of what was presumably a farewell feast.

SOUND SMART

DEFINITION
Bioluminescence is a phenomenon in which living things (think jellyfish, glow worms and fireflies) produce and emit visible light.

USE IT IN A SENTENCE
Juanita's teeth are so blindingly bright that if I didn't know better, I would think she's capable of **bioluminescence**.

CITIZEN SCIENTIST by Genna Buck

Is this the biggest 'oopsie' in science history?

What's this I hear about 20 years of brain research being ruined? — I.C., Toronto

I wouldn't say ruined. But yes, neuroscience is in a "Oh. Crap. No way. Really?" moment.

Here's why: In that past 20-odd years, functional magnetic resonance imaging (fMRI) has become a really popular tool for brain studies. It records blood flow to different parts of the brain — an indirect measure of brain activity. That information is then *supposed* to be accurately analyzed by statistical software.

But that's not what has been happening, says a new study of the most common MRI-analysis computer programs.

The research, in the journal PNAS, involved dummy experiments with 499 healthy people — experiments that should, reasonably, turn up no results. But up to 70 per cent of the time, the software flagged at least one statistically significant result: A change to participants' brain activity. A change, that, in all likelihood, wasn't really there. The false-positive rate should be no more than 5 per cent.

That means there could be serious, even fatal, flaws in as many as 40,000 studies that used fMRI technology from the 1990s to May 2015, when this tarantula-sized software bug was patched. Yeah. Oops.

fMRI is so cool. It lets us easily see into living brains, in real time, for the first time. And it gave rise to headlines like, "This part of your brain lights up when you __ (eat chocolate, read poetry, see a picture of your mom, etc). These (often small) studies make enticing stories. I admit I've gotten carried away with them.

So carried away, in fact, that I (and many others) discounted the importance of reproducibility. We should be cautious drawing grand conclusions from studies until other teams have been able to repeat the work. It's how scientists limit the impact of random errors and keep each other honest.

Science Question? Tweet @genna_buck

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

metro Your essential daily news
CHIEF OPERATING OFFICER, PRINT Sandy MacLeod
VICE PRESIDENT & EDITOR Cathrin Bradbury
EXECUTIVE VICE PRESIDENT, REGIONAL SALES Steve Shrout
MANAGING EDITOR TORONTO Angela Mullins
ADVERTISER INQUIRIES adinfotoronto@metronews.ca
General phone 416-486-4900
FREE TO SHARE

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION GOSSIP

Let's crush it at the wedding, bro!

MIKE AND DAVE

Zac Efron now carries bromance genre torch

Richard Crouse
For Metro Canada

Adam Devine and Zac Efron are the bros of the hour in Mike and Dave Need Wedding Dates, which opens this weekend. HANDOUT

I have a brother but he's not my bro, at least not by the contemporary definition.

My sibling and I are biologically brothers but neither of us fall into what the NPR Codeswitch blog described as the four rudimentary characteristics of "bro-iness"— jockish, dudely, stoner-ish and preppy.

There are as many ways to define bros and brahs as there are bros and brahs at your local frat house.

Oxford Dictionary writer Katherine Connor Martin sums it up simply as "a conventional guy's guy who spends a lot of time partying with other young men like himself."

The urban dictionary isn't quite as elegant, describing bros as "obnoxious partying males who are often seen at college parties... (standing) around holding a red plastic cup waiting for something exciting to happen so they can scream something that demonstrates how much they enjoy partying."

This weekend Zac Efron and Adam DeVine play brothers who are also bros in Mike and Dave Need Wedding Dates.

Based on the real-life exploits of Mike and Dave Stangle, the guys get out-broed at their sister's Hawaiian wedding by broettes Tatiana and Alice (Aubrey Plaza and Anna Kendrick).

In real life Mike, Dave, Tatiana and Alice are the kind of people it might be fun to hang out with before 10 o'clock at night, before the tequila shots and samplings from the mystery medicine cabinet have taken effect. After that, all bets are off.

Luckily in Mike and Dave Need Wedding Dates, like so many bro movies before it, the screen separates us and we can sit back and observe them like cultural anthropologists, as if we're studying animals in a zoo.

Hollywood has long had a bromance with bros.

Lately in movies like Neighbors and Dirty Grandpa, Efron has made a career of playing dim-witted frat boys but to find the proto bros you have to go back to 1940.

Starting with Road to Singapore, Bob Hope and Bing Crosby cocktailed and ad-libbed their way through seven Road movies playing two slightly skeezy men with boatloads of bravado and an unbreakable bond — at least until love interest Dorothy Lamour showed up.

National Lampoon's Animal House was the next landmark of bro-cinema.

From toga parties to food fights and doing The Worm on the dance floor, it's a politically incorrect classic that celebrates the best and worst of bro culture.

A 1996 movie gave us the bro with a million catchphrases like "Vegas, baby," "wingman," "beautiful babies" and "you're so money." As Trent in Swingers, Vince Vaughn gave a voice and brocabulary to a generation of bros. Jon Favreau wrote the script but many of the sayings came directly from the lips of his best friends and co-stars Vaughn and Ron Livingston.

No look at bro-cinema would be complete without a nod toward Will Ferrell. The comedian has broed out on screen many times but Old School's Frank the Tank, a character who unravels after his wife leaves him, is King Bro.

When he's not doing beer bong hits ("Once it hits your lips, it's so good!") or streaking, he lets his freak flag fly as one of the most over-the-top bros ever seen on screen.

Dean Wormer's classic scolding from Animal House, "Fat, drunk and stupid is no way to go through life, son," doesn't seem to apply, at least to the genre of bro movies.

MOVIE RATINGS by Richard Crouse

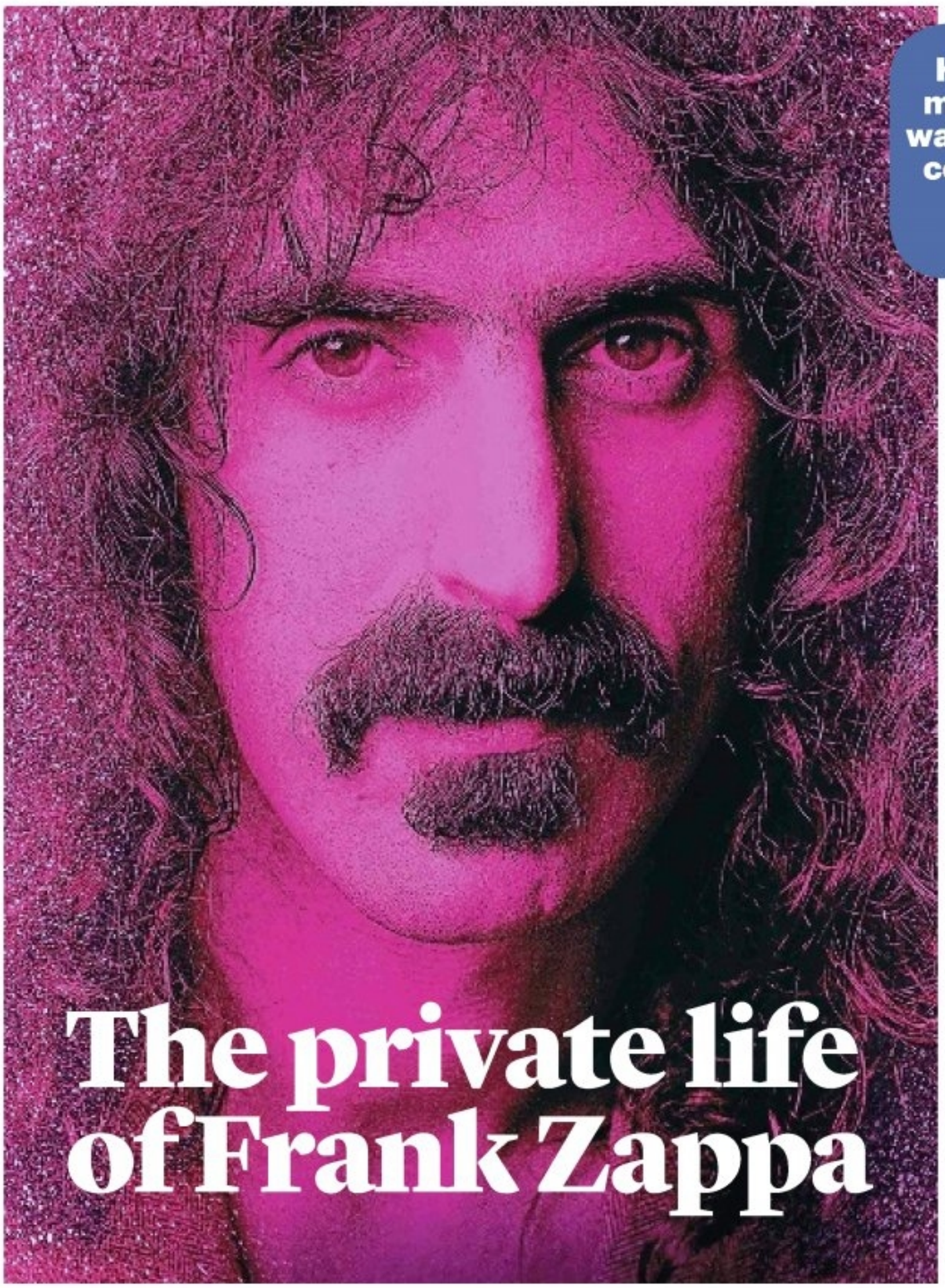
The Secret Life of Pets	★★★★
Mike and Dave Need Wedding Dates	★★★
Eat That Question: Frank Zappa in His Own Words	★★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

DOCUMENTARY

Daughter brings iconoclastic musician to life

Richard Crouse
For Metro Canada



The private life of Frank Zappa

Moon Zappa, daughter of the late, great musician Frank Zappa, says: "Growing up I hated sharing him with the fans."

Or anybody else it seems.

"I once brought him to show-and-tell when I was in third grade," she says. "I was so excited to share my dad with the class. Then he spent the whole time tickling all the other children. I was furious but they loved it."

Maturity has brought a different perspective, and now the 48-year-old is sharing her life and her iconoclastic father with the world as she helps promote a new documentary that covers his creative life and times.

Eat That Question: Frank Zappa In His Own Words uses a collection of archival interviews and television clips to paint a word portrait of Zappa sans any context, voice-over or other documentary tricks.

"He did speak to the underdogs and he did illuminate many minds," says Moon. "You have a little taste of him and you want more. You want to have him all to yourself and I certainly had that feeling. Now I like sharing those stories but at the time I thought I really want him all to myself."

By the end of Eat That Question's running time, a picture has been painted of a man who self-describes himself as a freak and a conservative, a family man and an out-of-the-box musician who played by his own rules.

"He definitely had a regular life," says Moon, the oldest of four Zappa kids. "He was a quiet, shy man who thought he was ugly, who couldn't cook, who deflected with humour and who couldn't really have a confrontational conversation. He always struck me as a Sicilian patriarchal kind of parent. As an adult I went, 'Of course that is ridiculous. Of course he had this other life.'

"For example, I knew he had cheated a few times, but I didn't realize the magnitude of the cheating. From one perspective it's a fantastic rock 'n' roll perk, but for a daughter it feels pretty crappy to have a cheater dad. That is something I am reconciling. I also have tremendous respect for him but it's all so confusing."

He was a quiet, shy man who thought he was ugly, who couldn't cook, who deflected with humour.
Moon Zappa

Moon, formerly known as Moon Unit, tasted her father's fame as the "grody to the max" vocalist of Frank's Top 40 hit Valley Girl, but says she craved a normal life.

"I longed for structure," she says. "When I saw John Hughes films I was, 'Wait! People sit at a dinner table? Wait! People say sorry?' Even to this day when I see somebody with a sweater draped over their shoulders, or a loafer or an exposed ankle, I'm like, 'That is so exotic.' I think if I had grown up in the repression my father encountered I would also have put two rocket boosters on my back, but growing up like that was too much. It was like fastball pitches every single minute."

The elder Zappa was a complex man, but Moon says Eat That Question "is exactly how I wish the world could perceive him."

"This one for me really tells the story of my father answering his calling and the stamina required to see a dream through. That is a human story. That's why I think his story connects on a human level. It's universal."

Interac® SUMMERLICIOUS℠
JULY 8 – 24, 2016
More than 220 of Toronto's top restaurants offer 3-course prix fixe menus at exceptional value.
BOOK YOUR RESERVATIONS TODAY! LiciousTO

Produced by Toronto
In Depth Radio 1010 City Toronto Star thestar.com toronto.ca/summerlicious Call 311
® The Interac logo is a registered trade-mark of Interac Inc. Used under license. OM: Official Mark trademarked by the City of Toronto

MOVIE LISTINGS

DOWNTOWN

Carlton, 20 Carlton St., 416-494-9371

Central Intelligence Fri-Sat 1:15 Sun 1:15-6:35 Mon 1:15 Tue-Wed 1:15-6:35 Thu 1:15 **The Conjuring 2** Fri-Sun 3:45-9:15 Mon 3:45 Tue 3:45-9:15 Wed 3:45 Thu 3:45-9:15 **The Debt** Fri-Thu 4-9 **Finding Dory** Fri-Tue 1:25-3:45-6:45-9:05 Wed 1:25-3:45-6:45 Thu 1:25-3:45-6:45-9:05 **Me Before You** Fri-Thu 1:30-4:05-6:40-9:10 **The Nice Guys** Fri-Thu 1:15-3:50-6:45-9:20 **Now You See Me 2** Fri-Thu 1:15-3:55-6:35-9:15 **Out of Print** Fri-Sat 7 **The Purge: Election Year** Fri-Thu 1:20-3:55-6:40-9:25 **The Secret Life of Pets** Fri-Thu 1:35-1:45-4:10-6:35-7-9:20 **The Shallows** Fri-Thu 1:40-4:10-7-9:30 **Tank Girl** Wed 9

Scotiabank Theatre 259 Richmond St., 416-368-5600

Captain America: Civil War Fri-Sun 12:40-7 Mon-Tue 12:45-7 Wed 12:45-6:30 Thu 12:45-7 **Captain America: Civil War 3D** Fri-Tue 3:50-10:10 Wed 3:50-9:40 Thu 3:50-10:10 **Central Intelligence** Fri-Sun 12:30-2:55-5:25-8-10:35 Mon-Wed 2:30-5-7:35-10:10 Thu 2:30-5:30-8-10:35 **Independence Day: Resurgence** Fri 12:40-3:30-6:30-9:20 Sat 1:40-4:30-7:30-10:20 Sun 12:40-3:30-6:30-9:20 Mon 12:55-3:45-9:45 Tue 12:40-3:30-6:30-9:20 Wed 12:50-3:40-9:40 Thu 12:55-3:45-6:45-9:35; **3D** Fri 1:40-4:30-7:30-10:20 Sat 1-3:50-6:50-9:40 Sun-Wed 1:40-4:30-7:30-10:20 Thu 1:50-4:40-7:40-10:30 **The Jungle Book 3D** Fri-Sun 1:50 **The Legend of Tarzan** Fri-Sun 4:35 Mon-Wed 3:50 Thu 4:35; **3D** Fri-Sun 2-7:10-9:45 Mon-Tue 1:15-6:25-9 Wed 1:15-7-9:40 Thu 2-7:10-9:45; **IMAX 3D** Fri-Sun 12:30-3-5:35-8:10-10:45 Mon-Thu 2:15-4:50-7:25-10 **Mike and Dave Need Wedding Dates** Fri-Thu 2-4:30-7-9:30 Fri-Sun 12:30-3-5:30-8-10:30 Mon-Wed 3-5:30-8-10:30 Thu 2:45-5:15-7:45-10:15 **The Nice Guys** Fri-Wed 1:40-4:40-7:20-10 Thu 5-7:40-10:20 **Now You See Me 2** Fri-Thu 1-4:15-7:20-10:25 **The Purge: Election Year** Fri-Thu 1:20-2:20-4-5-6:40-7:40-9:30-10:20 **Warcraft** Fri-Sun 4:30; **3D** Fri-Sun 7:30-10:30 **X-Men: Apocalypse** Fri-Thu 4-10:20; **3D** Fri-Thu 12:45-7:10

Market Square 80 Front St., 416-494-9371

The BFG Fri 1:30-4:15-6:50-9:25 Sat-Sun 11-1:30-4:15-6:50-9:25 Mon-Thu 1:30-4:15-6:50-9:25 **Finding Dory** Fri 1:10-4:10-6:45-9:05 Sat-Sun 11-1:10-4:10-6:45-9:05 Mon-Thu 1:10-4:10-6:45-9:05 **The Legend of Tarzan** Fri-Thu 1:15-3:55-7:10-9:45 **Mike and Dave Need Wedding Dates** Fri 1:20-4:05-7-9:35 Sat-Sun 11:05-1:20-4:05-7-9:35 Mon-Wed 1:20-4:05-7-9:35 Thu 1-4:05-7-9:35 **The Purge: Election Year** Fri-Thu 1:45-4:20-7:05-9:40 **The Secret Life of Pets** Fri 1-3:45-6:55-9 Sat-Sun 11:05-1-3:45-6:55-9 Mon-Thu 1-3:45-6:55-9 **Sherlock Holmes and the Secret Weapon** Sat-Sun 11

Varsity 55 Bloor St. W., 416-961-6304

The BFG Fri 3:40 Sat-Sun 4:15 Mon 3:35 Tue 3:40 Wed-Thu 3:35; **3D** Fri 12:40-6:45-9:40 Sat-Sun 10:35-1:20-7:15-10 Mon 12:40-6:45-9:45 Tue 12:40-6:45-9:40 Wed-Thu 12:40-6:45-9:45 **Free State of Jones** Fri-Sun 12-3:05-6:10-9:35 Mon 12:25-3:25-6:30-9:30 Tue 12-3:05-6:10-9:35 Wed-Thu 12:25-3:25-6:30-9:30 **Independence Day: Resurgence** Fri-Sun 3:45 Mon 3:30 Tue 3:45 Wed-Thu 3:30 **Independence Day: Resurgence 3D** Fri 12:45-6:50-9:50 Sat-Sun 12:50-6:50-9:50 Mon 12:35-6:30-9:30 Tue 12:45-6:50-9:50 Wed-Thu 12:35-9:30 Fri-Sun 1-4-7-10 Mon 1-3:50-6:50-9:50 Tue 1-4-7-10 Wed-Thu 1-3:50-6:50-9:50 **The Legend of Tarzan 3D** Fri 1-4-7-10 Sat-Sun 10:30-1-4-7-10 Mon 1:10-4:10-7:10-10 Tue 1-4-7-10 Wed-Thu 1:10-4:10-7:10-10 **Love & Friendship** Fri 12-2:20-4:50-7:20-9:45 Sat-Sun 10:50-1:25-3:55-6:25-9:20 Mon 12:50-3:10-6:15-9:10 Tue 12-2:20-4:50-7:20-9:45 Wed-Thu 12:50-3:10-6:15-9:10 **Maggie's Plan** Fri 12:20-3:20-6:20-9:20 Sat-Sun 10:40-12:55-3:15-5:35-8-10:20 Mon-Tue 12:20-3:20-6:20-9:20 Wed 12:20-3:20-6:30-10 Thu 12:20-3:20-6:20-9:20 **Mike and Dave Need Wedding Dates** Fri 12:10-2:40-5:10-7:45-10:20 Sat-Sun 10:30-12:10-2:40-5:10-7:45-10:20 Mon 1:50-4:25-7-9:40 Tue 12:10-2:40-5:10-7:45-10:20 Wed-Thu 1:50-4:25-7-9:40 Fri-Sun 12:30-3:30-6:35-9:10 Mon 1:20-4:15-7:25-10:10 Tue 12:30-3:30-6:35-9:10 Wed-Thu 1:20-4:15-7:25-10:10 **Our Kind of Traitor** Fri 1:10-4:10-7-10:10 Sat-Sun 10:30-1:10-4:10-7-10:10 Mon 1-3:55-6:40-9:25 Tue 1:10-4:10-7-10:10 Wed-Thu 1-3:55-6:40-9:25 **Swiss Army Man** Fri 12:05-2:30-5-7:35-10:05 Sat-Sun 12-2:30-5-7:30-10 Mon 1:25-4:30-7:20-10:10 Tue 12:05-2:30-5-7:35-10:05 Wed-Thu 1:25-4:30-7:20-10:10 Fri-Sun 1:30-4:30-7:30-10:20 Mon 12:40-3-6-9 Tue 1:30-4:30-7:30-10:20 Wed-Thu 12:40-3-6-9

Yonge & Dundas 24 10 Dundas St East, 416-977-2642

Alice Through the Looking Glass Fri-Thu 3:45; **3D** Fri-Thu 12:40-6:25 **The BFG** Fri-Thu 4:10; **3D** Fri-Thu 1:10-7:05-9:55 **Bounty Hunters** Fri-Thu 11:50-2:30-5-7:35-10:05 **Breakfast With Daddy** Sun 4 **Chasing Niagara** Thu 7 **Cold War 2** Fri 2:15-5:05-7:50-10:45 Sat 11:05-2:15-5:05-7:50-10:45 Sun 2:15-5:05-7:50-10:45 Mon 1:50-4:40-7:25-10:20 Tue 2:15-5:05-7:50-10:45 Wed-Thu 1:50-4:40-7:25-10:20 **The Conjuring 2** Fri-Thu 12:40-3:55-7:20-10:30 **Eye in the Sky** Fri 3:30 Mon 4:45 Tue 4:30 Wed 10 **Finding Dory** Fri-Thu 12:35-3:25-6:45-9:45 **Finding Dory 3D** Fri-Thu 1:30-4:20-7:30-10:30 Fri-Mon 12-3:05-6:45-9:30 Tue-Wed 6:50-9:30 Thu 12-2:30 **Foolish Plans** Fri 2:25-5:10-7:55-10:45 Sat 11:30-2:25-5:10-7:55-10:45 Sun 2:25-5:10-7:55-10:45 Mon 2:10-4:55-7:40-10:30 Tue 2:25-5:10-7:55-10:45 Wed-Thu 2:10-4:55-7:40-10:30 **Free State of Jones** Fri-Thu 12:50-4-7:10-10:20 **Ghostbusters 3D** Thu 7-10; **IMAX 3D** Thu 7-10 **Hunt for the Wilderpeople** Fri-Mon 12:20-2:50-5:25-8-10:25 Tue 12:20-8-10:25 Wed-Thu 12:20-2:50-5:25-8-10:25 **Kenneth Branagh Theatre Company: Romeo and Juliet -- Encore** Fri 6 Sat 5:30 Mon 12:30 Thu 12:30 **L'Elisir d'Amore Met Summer Encore** Sat 12:30 Wed 12:30 **The Legend of Tarzan 3D** Fri-Mon 1-4-7:10-10 Tue-Wed 1:30-4:10-7:15-10 Thu 1-4-6:30-9:35 **Me Before You** Fri-Thu 12:35-3:35-6:10-8:50 **Mike and Dave Need Wedding Dates** Fri-Mon 1:30-4:30-7:40-10:30 Tue-Wed 12:30-3-6-8:45 Thu 1:30-4:30-7:30-10:30 **Minimalism: A Documentary About the Important Things** Wed 7 **Mötley Crüe: The End** Mon 7:10 Tue 10 Wed 4 Thu 9:30 **The Neon Demon** Fri-Thu 9:15 **NT Live: One Man, Two Guvnors 2016 Encore** Fri 12 Tue 12:30 **A Place in the Sun** Sun 12:55 **The Purge: Election Year** Fri-Mon 12-2:40-5:30-8:30 Tue-Wed 12-2:40-7:45-10:30 Thu 12-3-5:45-8:45 **RiffTrax Live: MST3K Reunion** Tue 7 **The Secret Life of Pets** Fri 3:40 Sat 5:10 Sun-Thu 3:40 Fri 12:30-2:55-5:20-7:45-10:20 Sat 11-1:20-3:40-6-8:20-10:45 Sun-Thu 12:30-2:55-5:20-7:45-10:20; **3D** Fri 1:20-6-8:20-10:45 Sat 12:30-2:50-7:30-9:55 Sun-Thu 1:20-6-8:20-10:45 Fri-Mon 12:30-3:30-6:10-9 Tue-Wed 1-3:30-6:25-9:05 Thu 12:30-3:30-6:05-9:10; **IMAX 3D** Fri-Wed 12-2:20-4:40-7-9:20 Thu 12-2:20 **The Shakespeare Show** Sun 7 **The Shallows** Fri-Wed 12:30-3-5:20-7:40-10:10 Thu 5:20-7:40-10:10 Star & Strollers Screening Thu 2 So **I Married an Anti-Fan** Fri-Thu 1:05-3:55-6:40-9:35 **Stop Making Sense** Fri 10 Sun 10:15 Thu 4:30 **Sultan** Fri-Thu 11:45-3:20-6:55-10:30 **UFC** 200 Sat 10

MIDTOWN

Yonge-Eglinton Centre 2300 Yonge St., 416-544-1236

The BFG Fri 3:50 Sat 4:45 Sun-Thu 3:50 **The BFG 3D** Fri 1-6:45-9:45 Sat 11:15-2-7:30-10:15 Sun-Thu 1-6:45-9:45 **Central Intelligence** Fri-Tue 12:10-2:40-5:15-7:50-10:25 Wed 12:10-2:40-5:15-10:25 Thu 12:10-2:40-5:15 **Finding Dory** Fri-Tue 5:25 Wed 4-7:50 Thu 5:25 **Finding Dory 3D** Fri-Tue 12:15-2:45-8:05-10:35 Wed 1:30-10:35 Thu 12:15-2:45-8:05-10:35 **Ghostbusters 3D** Thu 7-10 Thu 8-10:35 **Independence Day: Resurgence** Fri 1:15-4:20-7:20-10:10 Sat 11-1:15-4:20-7:20-10:10 Sun-Thu 1:15-4:20-7:20-10:10 **The Legend of Tarzan** Fri-Thu 5:10 **The Legend of Tarzan 3D** Fri 12:05-2:35-7:55-10:35 Sat 12-2:35-7:55-10:30 Sun-Thu 12:05-2:35-7:55-10:35 Fri 12:30-4-6:45-9:35 Sat 1-4-6:50-9:45 Sun-Wed 12:30-4-6:45-9:35 Thu 12:30-3:30 **Mike and Dave Need Wedding Dates** Fri-Tue 12:25-3-5:30-8 Wed 3-5:30-8 Thu 12:25-3-5:30-8 Fri 1:30-4:30-7:15-10:05 Sat 1:30-4:30-7:20-10:15 Sun-Tue 1:30-4:30-7:15-10:05 Wed 1:30-4:30-7:15-10:05 Thu 1:30-4:30-7:30-10:30 Fri 10:30 Sat 10:35 Sun-Thu 10:30 Star & Strollers Screening, Wed 12:25 **The Purge: Election Year** Fri 12-2:30-5:05-7:40-10:15 Sat 2:05-4:50-7:25-10 Sun-Thu 12-2:30-5:05-7:40-10:15 **The Secret Life of Pets** Fri-Thu 10:20 Fri 12:30-2:55-7:45 Sat 11-1:20-6-8:20 Sun-Wed 12:30-2:55-7:45 Thu 7:45 Thu 12:30-2:55; **3D** Fri 12-2:15-4:40-7:05-9:35 Sat 11:50-2:15-4:40-7:05-9:45 Sun-Thu 12-2:15-4:40-7:05-9:35 Fri 1-3:30-6:15-9 Sat 12:30-3-6:20-9:15 Sun-Wed 1-3:30-6:15-9 Thu 1-4-6:30-9:30 Fri 5:20 Sat 3:40 Sun-Thu 5:20 **Sesame Street Presents: Follow That Bird** Sat 11

NORTH YORK

Empress Walk 5095 Yonge St., 416-223-9550

The BFG Fri-Sat 3:50 Sun-Mon 4 Tue 3:50 Wed-Thu 4; **3D** Fri 1-6:50-9:45 Sat 1-7-9:55 Sun 1-6:50-9:45 Mon 1:10-6:50-9:35 Tue 12:50-7-9:55 Wed-Thu 1:10-6:50-9:35 **Central Intelligence** Fri 4-10:25 Sat 4:10-10:25 Sun 3:30-9:30 Mon 3:55-9:55 Tue 4:10-10:25 Wed 3:55-9:55 Thu 3:55 **The Conjuring 2** Fri-Sun 9:20 Mon 9:25 Tue 9:20 Wed-Thu 9:25 **Finding Dory** Fri 1:10-3:40-6:45 Sat 12:50-3:40-6:45 Sun 1:10-3:50-6:45 Mon 1-3:45-6:45 Tue 12:40-3:40-6:45 Wed-Thu 1-3:45-6:45; **3D** Fri 12-2:30-5:15-7:50-10:20 Sat 12-2:40-5:15-7:50-10:20 Sun 12-2:30-5:15-7:50-10:15 Mon 1:50-4:35-7:10-9:45 Tue 12-2:40-5:15-7:50-10:20 Wed-Thu 1:50-4:35-7:10-9:45 **Ghostbusters: IMAX 3D** Thu 7-9:55 **Independence Day: Resurgence** Fri 4:10 Sat 4 Sun 3:40 Mon 4:15 Tue 4 Wed 4:15 Thu 4:15-6:40-9:30; **3D** Fri 12:45-7:10-10:05 Sat 1:10-7:10-10:05 Sun 12:45-7:10-10:10 Mon 1:20-7:20-10:10 Tue 1:10-7:10-10:05 Wed 1:20-7:20-10:10 Thu 1:20 **L'Elisir d'Amore Met Summer Encore** Sat 12:30 **The Legend of Tarzan 3D** Thu 7:20-10; **IMAX 3D** Fri 1:40-4:20-7-9:40 Sat 12-2:35-5:20-8-10:40 Sun 1:20-4:10-7-9:40 Mon 1:30-4:25-7-9:40 Tue 12-2:35-5:20-8-10:40 Wed 1:30-4:25-7-9:40 Thu 1:30-4:25 **Mike and Dave Need Wedding Dates** Fri 12:25-2:50-5:25-8-10:30 Sat 12:25-2:50-5:30-7:55-10:30 Sun 12:25-2:50-5:25-8-10:25 Mon 2:20-5:05-7:40-10:05 Tue 12:25-2:50-5:30-7:55-10:30 Wed-Thu 2:20-5:05-7:40-10:05 **Now You See Me 2** Fri 12:45-7:20 Sat 7:20 Sun 12:35-6:30 Mon 1-6:40 Tue 1-7:20 Wed 1-6:40 Thu 1 **The Purge: Election Year** Fri 2-4:55-7:40-10:20 Sat 12:20-3-5:35-8:10-10:45 Sun 1:30-4:40-7:40-10:20 Mon 2-4:45-7:35-10:10 Tue 12:20-3-5:35-8:10-10:45 Wed-Thu 2-4:45-7:35-10:10 **The Secret Life of Pets** Fri 1:50-4:20-5:05-6:40-9:10 Sat 1:20-4:20-5:05-6:40-9:10 Sun 1:40-4:20-5:05-6:40-9:10 Mon 1:40-4:10-4:55-6:30-9:10 Tue 1:20-4:20-5:05-6:40-9:10 Wed-Thu 1:40-4:10-4:55-6:30-9:10; **3D** Fri 12:15-2:40-7:30-9:50 Sat 12:10-2:30-7:30-9:50 Sun 12:15-2:40-7:30-9:50 Mon 2:10-7:30-9:50 Tue 12:10-2:40-7:30-9:50 Wed-Thu 2:10-7:30-9:50

All showtimes run between Friday, July 8 and Thursday, July 14

Fashion Week takes final bow

STYLE

Semi-annual Toronto event lacks support, organizers say

One of the biggest showcases for emerging and established Canadian designers was wiped from the calendar Thursday after organizers said they were pulling the plug on Toronto Fashion Week due to a lack of financial support.

With collections unveiled twice a year in March and October, Toronto had played host to buyers, media, and consumers — and countless others on social media — highlighting designers' latest creations.

Now it appears Canadian designers will have to find new avenues to feature their work.

"We really felt that our Canadian fashion footprint was not generating the local commercial funding that we really required in order for us to continue producing the event to the highest standard that, really, the industry deserves and the designers in Toronto deserve," said Catherine Bennett, senior vice-president and managing director of IMG Fashion Events & Properties, in an interview with The Canadian Press.

Organizers are pulling the plug on Toronto Fashion Week.
TODD KOROL/TORSTAR NEWS SERVICE FILE

"We're sad to be moving on, but think it's the right decision and the right time to make it."

IMG Canada had operated Toronto Fashion Week in collaboration with IMG Fashion since 2012, after taking over from the Fashion Design Council of Canada, a non-profit organization that had owned and produced the event for 13 years.

Losing Toronto Fashion Week will impact up-and-coming and newly established designers still trying to carve out their brands, said Susan Langdon, executive of the Toronto Fashion Incubator.

THE CANADIAN PRESS

Psoriasis Medication Study

Are you 18 or older with psoriasis?
You may qualify for a study.

Dr. Sam Hanna, Toronto, 416-962-0123

ResearchTrials.org

Instruments of change bring back the 'wonder'

MUSIC

Yo-Yo Ma's Silk Road Ensemble mixes sounds, cultures

Richard Crouse
For Metro Canada

Kayhan Kalhor of Silk Road Ensemble and Aynur Doğan show off their skills in the new Yo-Yo Ma documentary The Music of Strangers. COURTESY OF PARTICIPANT MEDIA

Near the beginning of a new documentary called The Music of Strangers: Yo-Yo Ma and the Silk Road Ensemble, world famous cellist Yo-Yo Ma tells a joke.

A little boy says to his father, "When I grow up I want to be a musician."

"Sorry son," the father replies, "you can't do both."

It's a subject Ma knows something about. Performing since the age of five, by seven he had played for presidents Dwight D. Eisenhower and John F. Kennedy. Since then he has appeared with all the world's great orchestras, released 90 albums and won 18 Grammys.

"The idea of being a musician means that you have access to wonder," he says. "When you become too adult-like and concerned about responsibility you tend to push wonder aside. That moment where you take a step back and look at where we are and look at what the world is about.

"Those are decisions we have to remake every single day — to engage, to love and care for and to recommit. It's a form of positive will and expression. If you don't have that you can't do anything. To me it is the ultimate antidote to paranoia, to hate, to terror is to care about things. To care about truth and be open."

The cellist's openness led him on a 20-year journey to form The Silk Road Ensemble, a loose collective of international master musicians named after the ancient trade route between China and the Mediterranean. Featuring instruments from the Silk Road region, Ma mixes and matches his cello with the exotic sounds of the pipa, a Chinese short-necked plucked lute, a Mongolian horse head fiddle called a morin khuur and a Shakuhachi, a Japanese bamboo flute among others to produce an otherworldly sound that blends different cultures and styles.

> **I'm drawn to what I don't know versus what I do know.**
> Yo-Yo Ma

"It's not so much what makes stuff different but more the fact that we work in such a connected world," says Ma. "Part of it is that, and part of it is to recognize the strength of individuality but also inherent in that strength is flexibility. It doesn't mean that because the bagpipe is louder than the violin we should never put the two together. It's more like, unlikely bedfellows, 'O my gosh, there could be something extraordinary that could come from that.'"

The movie, directed by Morgan Neville, who won an Oscar and a Grammy for his 2013 documentary 20 Feet from Stardom, chronicles the evolution of the collective and the individual journeys of the players. Wrapped around those portraits is the story of the group's most famous member. Ma is revealed to be a thoughtful man with a wandering, restless creative spirit.

"I was scared to death before doing something like this," he says. "I'm drawn to what I don't know versus what I do know. I think my life is kind of boring because if you ask me questions about myself you will very often get the same answers. I know the answers. What little I know I can tell you about but that is not particularly interesting. What I don't know is, for me, the source of all knowledge, everything you know is actually very little."

INTERVIEW

Canuck star Sugar gets sweet ending

Steve Gow
For Metro Canada

The odds of making it as an actor in Hollywood are staggering. And with a dearth of roles for women, it's even harder for actresses. But Sugar Lyn Beard beat the odds.

In 2008, the one-time television host abandoned a cozy gig at YTV to take on Tinseltown. Now with a critically-praised part in the new comedy Mike and Dave Need Wedding Dates, she's not only landed a starring role (opposite Zac Efron), she's stealing scenes.

"Until I actually became really close to booking the part, I didn't even read the whole movie," laughed the squeaky-voiced Scarborough-native about Jeanie, the put-upon bride/sister of two brothers who place an online ad to attract companions for the ceremony. "I've been out here a long time and you learn to cope with auditioning; I got to the point where I was realistic about what was a possibility for me (but) with Jeanie, I understood who she was immediately."

Beard may have identified with the high-strung bride but what she didn't initially realize was that her funniest sequence involved a raunchy erotic bum-on-bum massage — a cinematic spectacle that even lead veteran critic Pete Hammond to offer a special "shout-out to Beard, who is really game for anything."

"I can't tell you how comfortable and fun it was," insisted Beard, who admits nudity and comedy naturally intertwine. "Although by the end of the day, the studio felt so bad for me, they paid for an actual massage with a real professional to make up for the ass-job that I got."

After several years coveting minor roles in movies like Aloha and TV series like Weeds, Beard deserved that studio spa day, even as she anticipates her bright future with upcoming animated comedy Sausage Party and a series she's developing with Seth Rogen. Perhaps more so, she's proud her star is finally on the rise — a dream she never let go.

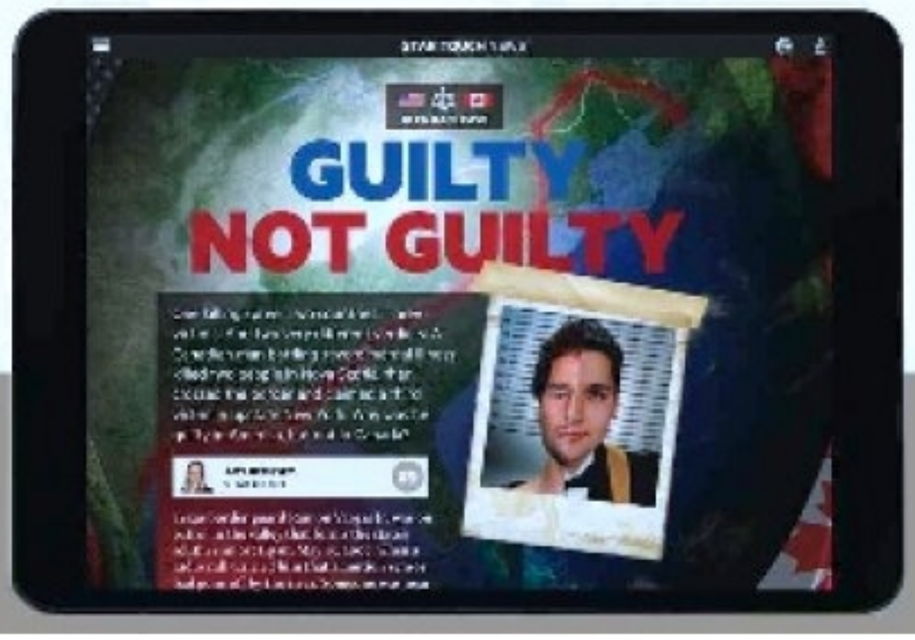
"I'm not going anywhere," stated Beard, offering a bit of advice to Canadian actors thinking of heading to Hollywood.

Sugar Lyn Beard, left, and Sam Richardson in a scene from Mike and Dave Need a Wedding Date. CONTRIBUTED

6-PART SERIES

ONE KILLING SPREE.
TWO COUNTRIES.
THREE VICTIMS.

A Canadian man killed two people in Nova Scotia, then claimed a third victim in New York. Find out about the killer, the victims and the verdicts in an exclusive series. Only in Toronto Star Touch. STARTS TOMORROW



TORONTO STAR TOUCH FROM THE TORONTO STAR

GET THE FREE APP
App Store
Google play

metro TRAVEL

Your essential daily news

Robert De Niro, fan of the Catskills, gets behind boosting tourism with N.Y. governor

5 WAYS TO GET YOUR EUROPE FIX IN CANADA

Can't travel across the pond this summer? Whether you're craving nature, culture or old-world charm, it's possible to find a slice of Europe right here on Canadian soil. Here are six options for your next 'European' vacation.

VAWN HIMMELSBACH/FOR METRO

Stratford-upon-Avon?

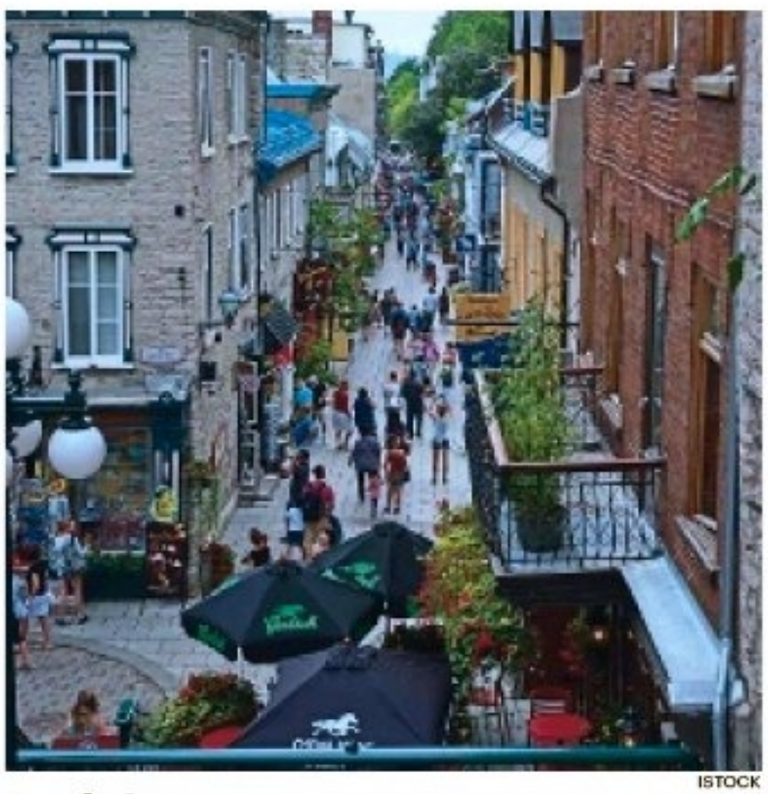
Then head to: Stratford, Ont.
Both are known for: Shakespearean theatre scene
Europe: Picturesque Stratford-upon-Avon, set in England's Warwickshire countryside on the banks of the River Avon, is the birthplace of playwright William Shakespeare. Hundreds of years later, it retains this legacy with the Royal Shakespeare Theatre.
Canada: Stratford was named after Shakespeare's birthplace and it's become a well-known arts hub. From April to October, it hosts the annual Stratford Festival, celebrating Shakespearean classics and new works from Canadian playwrights. Plus, it's a pretty town with well-preserved 19th-century architecture, set alongside its very own Avon River.

TORSTAR

Helsinki?

Then head to: Thunder Bay, Ont.
Both are known for: Rugged wilderness, midnight sun and saunas
Europe: Finland is a densely forested country, with long, dark winters and round-the-clock sunshine in summer — and an estimated 2 million saunas.
Canada: Like Helsinki, Thunder Bay is surrounded by rugged wilderness — it's one of the reasons why Finns started settling here in the 1870s. It's now considered one of the largest settlements of Finns outside of Finland, where you'll find a Finn Festival. Head to the Hoito, a legendary Finnish restaurant for Finnish pancakes.

TORSTAR



ISTOCK

Paris?

Then head to: Quebec City
Both are known for: French culture
Europe: Paris is a cultural mecca, known for its art, fashion and cuisine. It's also home to cultural icons such as the Eiffel Tower, Louvre and Notre Dame Cathedral.
Canada: Language isn't the only similarity between these two cities. Quebec City has more than 400 years of history, earning it a place on UNESCO's world heritage list. Wander the narrow cobblestone streets lined with cafes, bistros and shops, with the smell of crepes wafting through the air, and you'll be transported to the Left Bank. Quebec City even has its own Seine (the St. Lawrence River) and Notre Dame Basilica.

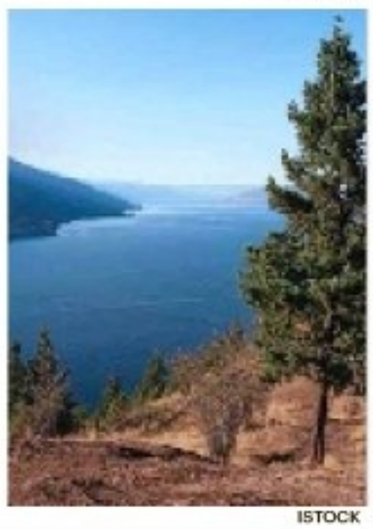
Budapest?

Then head to: The Canadian Rockies
Both are known for: Natural therapeutic waters
Europe: Budapest is often referred to as "the city of baths," with more than 120 hot springs and a rich spa heritage dating back to Roman times. One of its most renowned public bathhouses is Szechenyo Baths, set in a palatial complex with thermal sitting pools.
Canada: The Canadian Rockies don't look much like Pest, but they're brimming with thermal hot springs and spa culture. Take to the waters at Banff Upper Hot Springs, where you can soak in soothing mineral water against a backdrop of alpine scenery. Miette Hot Springs, in Alberta's Jasper National Park, features the hottest mineral springs in the Rockies, ideal after a day of hiking. And Radium Hot Springs in B.C.'s Kootenay National Park offers expansive hot springs.

TORSTAR

Scotland?

Then head to: The Okanagan
Both are known for: lake monsters
Europe: Loch Ness is a large, deep loch in the Scottish Highlands — so deep, in fact, that its resident lake monster, Nessie, has managed to elude tourists and locals alike for decades.
Canada: While the Okanagan is more desert than highlands, it has its own lake monster. Even if you don't have any luck spotting the multi-humped Ogopogo, Lake Okanagan is a summer paradise.



ISTOCK

BLOWOUT SALE!

UP TO 50% OFF Book by July 10

NON-STOP FLIGHTS from Toronto, Hotel & Transfers

Cayo Santa Maria (Santa Clara) | CUBA
Meliá Las Dunas ★★★★½
All-Inclusive • Classic rm • August 5, 12, 19 & 26 • 1 wk
1 CHILD STAYS & EATS FREE[2]
$499
+ $380 taxes & other fees

Holguin | CUBA
Paradisus Rio de Oro Resort & Spa ★★★★★ PRIVILEGES
All-Inclusive • Paradisus junior suite
August 3 & 5 • 1 wk
UP TO $1,000 RESORT CREDIT[2] • Adults only (18+)
$759
+ $380 taxes & other fees

AIR CANADA VACATIONS 35
Call 1 877 236-6228 or your travel agent
aircanadavacations.com
aeroplan EARN & REDEEM 1,000s of Aeroplan® Miles
MELIÃ HOTELS INTERNATIONAL CUBA

All travellers - foreign and Cubans living abroad - must have a medical insurance policy when travelling to Cuba. Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on July 8, 2016, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Toronto - Pearson International Airport in Economy class and include surcharges. Non-refundable. Limited quantity and subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Offers expire at 11:59 p.m. ET on the date indicated. Flights operated by Air Canada or Air Canada Rouge. For applicable terms and conditions, consult www.aircanadavacations.com. TICO registration #50013537. ■ [1]Minimum 7-night stay required. Valid for departures between June 13 and October 31, 2016. [2]Conditions apply. Details at aircanadavacations.com. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St.-Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

Preserving the women's Route 66

U.S. HISTORY

Online record to collect little-known narratives

It was a man's world nearly a century ago when one of America's most famous highways got its start, opening up vast expanses of the West as it created an automobile artery that stretched roughly 3,800 kilometres from Chicago to the West Coast.

But it wasn't only men behind the wheel or working in the services stations and cafés along historic Route 66.

The National Park Service and the non-profit Cinefemme have partnered to create an online historical record of the experiences of women and girls along the Mother Road.

Writer and project director Katrina Parks says she was surprised by the diverse ways in which women's lives intersected with the road, from the pioneering female architects who designed buildings along Route 66 to the waitresses, shop keepers, postmasters and others who kept daily life humming.

Virginia Tellez Wayne, now 94, is among the dozens of women featured in an oral history project focused on the women of Route 66. THE ASSOCIATED PRESS FILE

Then there are artists such as Dorothea Lange, who travelled part of the route through Oklahoma, New Mexico, Arizona and California during the 1930s and captured through her photographs the struggles of migrant farm families.

There are stories about the daughters of Mexican and Chinese immigrants who made their homes in the West and opened family grocery stores, laundries and restaurants along the route.

Cars drive down the historic Route 66 in downtown Albuquerque, N.M. THE ASSOCIATED PRESS

Threads of discrimination, determination, adventure and perseverance run through the women's stories.

"We saw there was this great narrative about Route 66 out there that tended to be focused on the traveller's experience," said Kaisa Barthuli, who works with the National Park Service Route 66 Corridor Preservation Program. "We realized that Route 66, as a symbol of America, had the potential to tell so many deeper stories. It's about pulling out these lesser-known stories that really help people connect and understand our history."

The project was funded through a cost-sharing grant from the Park Service. The website is expected to evolve, and Parks plans to use the oral histories she has collected for a documentary.

The women's stories cover several decades, from the road's beginnings to its current rebirth.

The first half of Virginia Tellez Wayne's life centred on the route in Gallup, New Mexico. The oldest of 14 children, she started working two and three jobs early on to support her siblings and later her five sons. She worked as a Harvey girl, greeting and serving troop trains, tourists and movie stars at Fred Harvey's El Navajo Hotel, El Rancho and the Shalimar — all fixtures along the highway.

"If it weren't for us women, there wouldn't be no 66," she said, laughing. "We were into everything." Now 94, Tellez Wayne lives in Albuquerque with her son in a home that backs up to old Route 66 on the western edge of the city.

A fellow at the University of New Mexico's Center for Southwest Research, Donatella Davanzo, has been working to document every building along Route 66 in Albuquerque, home to the largest uninterrupted segment of the road left in an urban area.

A native of Italy, she took her first trip down the Mother Road in 2006. "I started to consider the historic corridor as a cultural landscape able to connect American history and local places and communities," she said.

"It still for me has a sense of freedom and adventure, which I think is what captives so many people," she said. THE ASSOCIATED PRESS

TRAVEL NOTES MEMORIAL PARK AND WALKING TOURS

Elevated park opens at 9-11 site

Visitors to the World Trade Center site now have a new view. The one-acre, elevated Liberty Park opened to the public last week. Built on top of a security centre, it overlooks the memorial to those who died in the Sept. 11 attacks. The park includes the "Living Wall," a newly planted vertical garden, as well as a sapling grown from the horse chestnut tree outside Anne Frank's home in Amsterdam. The park is open daily from 6 a.m. to 11 p.m. THE ASSOCIATED PRESS

The World Trade Center site. GETTY IMAGES

Walking tours of Vancouver, Victoria

The Architectural Institute of B.C. is offering guided walking tours in Vancouver and Victoria throughout the summer. From Vancouver's densely populated West End to trendy Yaletown, the tours highlight the history of districts that also include Gastown, Chinatown, Downtown and Strathcona. In Victoria, Chinatown, Fort Victoria and James Bay, the childhood home of artist Emily Carr, are areas that will be explored. Visit aibc/tours to book online. THE CANADIAN PRESS

Victoria's architecture. ISTOCK

Super East of Canada in 7 Days
Departure: July 9/16/23/30, 2016
$469.99
$399.99 p.p. (occ.4)
Tax Included
COMPLIMENTARY OF 8 ATTRACTIONS TICKETS, VALUE OF $CAD60
include: Hopewell Rocks Park, Anne of Green Gables, Cavendish Beach, Confederation Bridge, Peggy's Cove, Citadel of Halifax, Magnetic Hill, Campbellton

SUMMER SALE
Reserve before July 11, 2016
• New York 3 Days Guided Tour $109.99 p.p. (occ.4)
Departure: July 8/12/15/19/22/26/29/30, 2016
• New York 4 Days Guided Tour $169.99 p.p. (occ.4)
Departure: July 29, 2016
• Boston & Rhode Island 3 Days $159.99 p.p. (occ.4)
Departure: July 8/15/22/29, 2016 Enter Promotion Code SUMMER20D, Save $20
• Washington D.C & Philadelphia 4 Days $199.99 p.p. (occ.4)
Departure: July 8/15/22/29, 2016 Enter Promotion Code SUMMER20D, Save $20
• Chicago 4 Days $259.99 p.p. (occ.4)
Departure: July 16/30, 2016 Enter Promotion Code SUMMER30D, Save $30
For more promotional tours, please visit SinoramaBus.com.

Canada East 3 Days
$139.99 p.p. (occ.4)
(breakfast not included)
Departure: July 9/13/16/20/23/27/30
Itinerary: Toronto, 1000 Islands, Ottawa, Montreal, Quebec City, Upper Canada Village, Kingston, Toronto

• Across Canada 10 Days $799 p.p. (occ.4)
Departure: July 23(full), August 13
Itinerary: Toronto – Algonquin Provincial Park – Sudbury – Sault Ste – Marie – Wawa – Terrace Bay – Kakabeka Falls – Kenora – Winnipeg – Regina – Medicine Hat – Calgary – Lake Louise – Banff – National Jasper Park – Champ de Glace Columbia – Revelstoke – Hope – Vancouver

• Super Across USA 11 Days $799 p.p. (occ.4)
Departure: July 12, August 2/23
Itinerary: Vancouver – Seattle – Spokane – Coeur d'Alene – Yellowstone Park – Big Horn Mountain – Gillette – Devils Tower – Mt.Rushmore – Crazy Horse – Rapid City – Custer State Park – Wall Drug – Bad Land National Park – Mitchell – Sioux Falls – Madison – Chicago – Detroit – Windsor – Toronto

Prices include:
* Price is per person based on quadruple occupancy
* Transport with Deluxe Coach * 3 stars hotels (hotel NOT included for the last day of tour) with breakfasts
* Tour Guide * Taxes * Certain conditions apply.
Prices not include:
* Service charge for driver and tour guide;
* Admission fees;
* Lunches and dinners;
* Travel insurance.

Prices are valid until July 11, 2016
Sinorama Holidays reserves all rights to cancel or change the trip without prior notification.

Your specialist in bus tour travel
華景假期 Sinorama Holidays Inc.
TICO REG. 50017500 (RETAIL) & 50022219 (WHOLESALE)
SinoramaBus.com
1-888-577-9918
905-513-1318 905-513-1316
info@sinoramaholidays.com
7077 Kennedy Road, Unit 201, Markham, Ontario L3R 0N8
Pay Online Fast. Simple. Secure. $0 transaction fee

FANTASYLAND HOTEL
WEST EDMONTON MALL

metro

VACATION OR STAYCATION

Whether you're going across the country or across town, Canada is a fantastic destiNATION!

EDMONTON

Fantasyland Hotel

1-800-RESERVE (737-3783)
*For full details, visit flh.ca

FANTASYLAND HOTEL

OTTAWA

Suite Summer Sale!

Downtown Ottawa, one block from the Rideau Canal, walking distance to all major sites and the Shaw Centre. Pet friendly.
Book Now: 1.800.236.8399 | SuiteDreams.com

Cartier Place SUITE HOTEL

Martinis and Murder

Book your table at Scarlett's Dinner Theatre featuring Eddie May Mysteries, North-America's longest running producer of murder-mystery entertainment.
Dinner + Show Saturdays at 7pm. 62 York St | 613.850.9700 | www.eddiemay.com | "An Ottawa institution – funny and smart!" - Ottawa Citizen

CALGARY

Visit Calgary's Museum

Glenbow Museum offers something for everyone, from history buffs to art lovers to pop culture fanatics.

glenbow.org

The cure for the common weekend!

$20 off any lesson
$100 off any canoe, kayak or paddleboard
6531 Bowness Rd NW | **www.undercurrents.ca**

undercurrents

Expires July 31, 2016. Limit one coupon per person.

The Race is On!

Visit Century Downs for a $10 Slot Voucher. Based on new Winners' Zone signup. Present this coupon. Offer available until August 31, 2016.

CENTURY DOWNS Racetrack · Casino

TORONTO

Vacation Rentals up to 90% OFF!

Canada's largest vacation rental marketplace with over 50,000 cottages and cabins for rent! Find your perfect stay at **www.CanadaStays.com**

CANADASTAYS

Visit picturesque Niagara-on-the-Lake

Stay at one of our three uniquely beautiful hotels. Explore wineries, craft breweries, unique shops, restaurants, and the Shaw Festival.
vintage-hotels.com | 1.888.669.5566

metro SPORTS

"Little shy kid from Chicago came from Milwaukee to Miami and really grew up": Dwyane Wade on Live with Kelly after announcing he'll join the Bulls

Griez'y does it

EURO 2016
SEMIFINALS

France forward puts two past Neuer to send hosts to final

Antoine Griezmann scored twice as France beat world champion Germany 2-0 on Thursday to line up a European Championship final against Portugal.

Griezmann put France in front from the penalty spot in stoppage time at the end of the first half and then took full advantage of a German defensive blunder to score his second with a calm finish in the 72nd minute.

France reached its first final for a decade and is chasing its first major trophy since Euro 2000. Germany missed its chance to add the European title to the World Cup it won in 2014. Griezmann has now scored six goals at Euro 2016 — twice as many as any other player at the tournament — and could have completed a hat trick on a break in the 86th but shot straight at goalkeeper Manuel Neuer.

"We're very happy," Griezmann said. "We have to keep our feet on the ground. We still have a match to go."

Germany had gone 50 years unbeaten against host nations at major tournaments, dating back to its loss to England in the 1966 World Cup final and encompassing a famous 7-1 humbling of Brazil in the 2014 World Cup semi-finals.

While a repeat of the Brazil rout was never on the cards, Germany could have scored more than once as it dominated the first half. But it was denied by poor shooting from Thomas Mueller, who ended his tournament scoreless, and a save by Hugo Lloris to block Emre Can's bouncing shot.

France took the lead from the penalty spot after Bastian Schweinsteiger handled the ball in an aerial challenge with Patrice Evra.

Griezmann stepped up to score, striking the penalty hard to Neuer's right.

"I really wanted to take a penalty in a big match like that. I was very composed, I didn't think twice," Griezmann said.

It was the second time in as many games that Germany had given away a spot-kick for handball. Jerome Boateng blocked the ball with an arm above his head in the quarter-final against Italy.

"It's just bad luck, just an unlucky action," Germany coach Joachim Loew said of the penalty. "In a challenge, when you're jumping, there are movements that you can't really control."

Trailing in a match for the first time in the tournament, Germany could not recover its previous dominance after half-time. It then had to cope with losing key defender Boateng, who picked up an ankle injury after an hour.

The German defence had not conceded from open play all tournament, but it fell apart for Griezmann's second goal in the 72nd minute. A sluggish pass by Benedikt Hoewedes to right back Joshua Kimmich was cut out by Paul Pogba and Neuer could only palm away the midfielder's cross to Griezmann, who finished with ease.

THE ASSOCIATED PRESS

PATRIK STOLLARZ/AFP/GETTY IMAGES

> I really wanted to take a penalty in a big match like that. I was very composed, I didn't think twice. Antoine Griezmann

JUNE 18 In Paris
Port. 0, Austria 0
JUNE 25 In Lens
Port. 1, Croatia 0
JULY 6 In Lyon
Port. 2, Wales 0
JULY 7 In Marseille
Fra. 2, Germany 0
JUNE 26 In Lyon
Fra. 2, Rep. of Ire. 1
JUNE 15 In Marseille
Fra. 2, Albania 0
JUNE 14 In Saint-Etienne
Port. 1, Iceland 1
JUNE 22 In Lyon
Port. 3, Hungary 3
JUNE 30 In Marseille
Port. 1, Poland 1
(5) Shootout (3)
PATHS to PARIS
JULY 3 In Saint-Denis
Fra. 5, Iceland 2
JUNE 19 In Lille
Fra. 0, Switz. 0
JUNE 10 In Paris
Fra. 2, Romania 1

MAPLE LEAFS

Shanahan wants to see growth in Leafs' centennial season

Johnny Bower at the Hockey Hall of Fame on Thursday.
EDUARDO LIMA/THE CANADIAN PRESS

Two players from Toronto's last Stanley Cup championship team looked on as Brendan Shanahan etched out his plan for bringing the Maple Leafs back to glory.

Johnny Bower and Ron Ellis sat in attendance at the Hockey Hall of Fame as Shanahan announced plans for the Leafs' centennial season, as well as a blueprint for the start of the club's next 100 years.

"We want to put the Toronto Maple Leafs back in their rightful place," Shanahan said.

What that means for next season is progress.

Shanahan, establishing himself as a pragmatic leader over two-plus years in Toronto, wouldn't say progress meant a return to the post-season for the Leafs, who haven't won a Cup since 1967.

He promised only forward steps for an organization that is likely to be flooding with youth next season.

"Our goal is to really just be the best that we can be," Shanahan said, speaking from the Hall of Fame's new Maple Leafs centennial exhibit. "I don't think we stand here on this day and sort of set any limitations to us.

"It's just really the beginning of the process for so many of our young players.

"We had a lot of good things last year obviously and I think that we're pointing the right direction with a lot of the work from Mike Babcock and Lou Lamoriello. And now it's just a matter of growing and growing together."

Though they finished 30th in the NHL, last year went according to plan for the Leafs.

Babcock demonstrated his coaching prowess, the team's youngest talents shown signs of promise and personnel from old rosters was painlessly shuffled out for future assets, namely captain Dion Phaneuf, who was dealt to Ottawa in February.

Shanahan said progress for next season would mean continuing to "add our own players into the lineup, inject some of our youth that we saw toward the end of last season. And just continuing to make forward steps." THE CANADIAN PRESS

Jones denies PED use after testing positive

UFC

Interim light heavyweight champ could face long ban

Jon Jones struggled for words while his tears flowed. Frustration and fear were evident on his face.

Although the man widely recognized as the world's most talented mixed martial artist denied using any performance-enhancing substances, he couldn't explain the positive drug test that knocked him out of UFC 200's main event and threw his tumultuous career into crisis again.

The UFC interim light heavyweight champion repeatedly cried at a hastily arranged news conference Thursday, a day after his rematch with Daniel Cormier was cancelled.

"I would never take anything that would enhance my game," Jones said. "Being labelled as someone who would ever cheat, it hurts me more than anything I've ever been through in my career."

Jones' manager, Malki Kawa, said the fighter was informed of a possible PED violation by USADA, which administers the UFC's anti-drug policy. They hoped to get the results of a test of Jones' backup sample later Thursday, although they have little hope the result will change.

Jon Jones speaks during a news conference on Thursday in Las Vegas. ETHAN MILLER/GETTY IMAGES

If the positive test is confirmed, Jones could face a multiyear suspension. Jones and Kawa declined to name the substance for which Jones was flagged, although Kawa said it "could be" related to a nutritional supplement.

Jones said he "can't even pronounce it. I've never even heard of it."

Jones said he has been taking the same supplements for most of his career, and he has no idea why he failed last month's test after passing seven doping tests this year. Although Jones had endured numerous public embarrassments over his apparent use of recreational drugs, he has been a vocal opponent of performance-enhancing substances in MMA.

> **I know some good will come from this, but right now it's hard to see it.**
> Jon Jones

"You can say whatever you want about Jon over the years," Kawa said. "For the last year, he's done nothing but try his best to live his life right, to eat right, to do the right things, and obviously not to be in this type of predicament. ... He didn't cheat at all."

USADA spokesman Ryan Madden confirmed the potential violation stemmed from an out-of-competition test on June 16.

"Mr. Jones' B-sample is currently being analyzed by the independent WADA-accredited laboratory in Salt Lake City, Utah," Madden said. "We have requested that the laboratory report those results to us as soon as possible."

No matter the results of the second test, Brock Lesnar's heavyweight bout with knockout artist Mark Hunt is UFC 200's new main event.

THE ASSOCIATED PRESS

WIMBLEDON

Venus falls short of all-Williams final

Venus Williams' deepest Grand Slam run in a half-dozen years ended one victory short of what would have been yet another Wimbledon title match against her sister Serena.

Venus was broken in her first four service games Thursday and lost to No. 4-seeded Angelique Kerber 6-4, 6-4.

The 36-year-old Venus was the oldest Slam semifinalist since Martina Navratilova was 37 at Wimbledon in 1994. Venus is a five-time champion at the grass-court tournament, but she hadn't made it this far since at Wimbledon since 2009, or at any major since the 2010 U.S. Open.

In control from start to finish in Thursday's first semifinal, Serena needed all of 48 minutes to overwhelm Elena Vesnina 6-2, 6-0 in what felt like a training session. THE ASSOCIATED PRESS

CANCON

Thornhill's Milos Raonic will take on Roger Federer in the men's semifinals on Friday. The match begins at 8 a.m.

IN BRIEF

Kluber steps in for Estrada on AL all-star team
Cleveland right-hander Corey Kluber will replace injured Toronto pitcher Marco Estrada on the American League roster for next week's MLB All-Star Game. THE ASSOCIATED PRESS

Cards avoid Pirates sweep
Stephen Piscotty hit a three-run home run and Randal Grichuk also went deep to help the St. Louis Cardinals beat Pittsburgh 5-1 on Thursday to avoid a four-game sweep and end the Pirates' season-best seven-game winning streak. THE ASSOCIATED PRESS

Cavendish coasts to stage victory in Tour de France
British sprinter Mark Cavendish easily won the sixth stage of the Tour de France in a mass finish on Thursday.

It was Cavendish's third stage win of this Tour, his 29th overall. Greg van Avermaet kept the yellow jersey. THE ASSOCIATED PRESS

> **When I met these guys, I felt as comfortable as I've ever felt.**
> Kevin Durant who was introduced by the Golden State Warriors on Thursday

metro Spiritualist Forum To advertise contact Ian March at 416-443-4388

Astrologer & Psychic - Pandit DEVADAS
Are you Suffering from Problems: Love, Marriage, Kids, Education, Job, Money, Health, Sexual Etc
GIVE ME ONE CHANCE & SEE YOUR LIFE PROGRESSING
HE CAN HANDLE ANY KIND OF PROBLEMS, QUICK RESULTS
He is very Special in Removing Black Magic, Bad Luck, Jadoo, Vodoo through Performing Poojas, & Gives 100% Protection
647-709-3459, 647-741-9097
5210 Finch Ave E, #1, Scarborough M1S 4Z6
(MIDDLEFIELD & FINCH, INSIDE GOLDEN BAKERY)

INTERNATIONAL ASTROLOGER & PSYCHIC
Pandit: JAYRAM JI
Master Removes BLACK MAGIC Jadoo, Vodoo Tona, Obeya Witchcraft & Gives 100% Lifelong Protection
I CAN HANDLE ANY KIND OF PROBLEM
BEST SOLUTIONS FOR YOUR BEST FUTURE
*Love Husband-Wife *Relationship *Marriage *Court *Teenage Issues *Job *Money *Health *Jealousy *Lucky *Number *Enemy *Depression *Promotion *Business *Sexual *Personal Matters
Cell: 647-739-0466
1221 Markham rd, Scarborough 100% Satisfaction
(MARKHAM & ELLESMERE) Guaranteed

POWERFUL INDIAN SPIRITUALIST
Pandit: RAMDEV
ALL RELIGIONS WELCOMED
He can Handle any Problem: Depression, Family, Husband-Wife, Love, Kids, Jealousy, Health, Money, Court, Enemy etc
100% REMOVES BLACK MAGIC & VODOO
BRINGS LOVED ONES BACK
647-641-8549
5210 Finch Ave E, #5, Scarborough M1S 4Z6, Next to SAMOSA KING (FINCH & MIDDLEFIELD)

The Most powerful Spiritual Healer
Pandit: GANGARAM
SPECIALIST IN BRING BACK LOVED ONES FOREVER
Money, Health, Divorce, Job, Childless Couples, Marriage, Husband & Wife, Depression, Love & Relationship, Enemy
I Will Remove & Destroy All Black Magic, Evil Spirits, Witchcraft, Nadca, Obeya, Jadoo, Badluck, Negativity And I Gives 100% Life Protection
647-838-3353
1176 Morningside Ave #1, Scarborough M1B 5A4

INDIAN GENERATION ASTROLOGER & PSYCHIC
Pandit: MANJUNATH FREE READING ON MONDAY
Palm, Face & Photo Reading
Master helps in Problems: Depression, Family, Husband-Wife, Love, Kids, Jealousy, Money, Court, Enemy etc
SOLUTION TO ALL PROBLEMS, QUICK RESULTS
Removes Black Magic, Jadoo, Voodoo, Witchcraft Butu, Witchcraft & Gives 100% Lifelong Protection
1123 Albion Road Unit #101, Etobicoke ON M9V 1A9 NEXT TO MADRAS DOSA (ALBION & ISLINGTON)
647-405-6717
Meet once & Get 100% Solutions

Master: SHIVRAJ
INDIAN SPIRITUALIST & PSYCHIC
Get Solutions & Suggestions for: Family, Health, Enemy Jealousy, Husband-wife, Sexual, Stress, Finance etc
100% GUARANTEE
Performs Powerful Prayers to remove Black Magic, Jadoo, Vodoo, Obeya & Evil Spirits etc
647-712-9009
BRAMPTON & SCARBOROUGH

ASTROLOGER & PSYCHIC
Master: GANESH
BRING BACK LOVED ONES
Love * Marriage * Kids
Education * Business * Job
Money * Health * Sexual
Family Prob * Enemy * Court
100% Removing Black Magic * Evil Spirits * Obeya * Voodo * Jodo * Bad Luck * Jealousy * Witchcraft * And Gives Strong Protection...
647-721-2555
3090 A Hurontario St, (Hurontario & Dundas)

JANE & WILSON PSYCHIC & ASTROLOGER
Pandit: RAVI SHASTRI
Also at (VICTORIA & DANFORTH)
1 FREE QUESTION
Overpowers Impossible Problems
Removes Problems like Money, Court, Love, Business, Education, Depression, Enemy, Education, Health, Marriage, Job
An Expert Spiritualist treats Black Magic, Witchcraft, Jaadu, Obeau and gives 100% Immediate Protection
647-969-7846
2962 Danforth Ave, #3, Toronto (Nearby METRO 24hrs (Victoria & Danforth)) | 2131 Jane Street, #104, Toronto, Upstairs Jagadish Textiles (Jane & Wilson)

FINANCIAL

GET OUT OF DEBT!
CALL THE
Licensed Debt Professionals™
- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators

DAVID SKLAR, CPA, CIRP, LIT
Free Consultation 310-9200
DAVID SKLAR & ASSOCIATES INC.
Proposal Administrators • Financial Counsellors • Licensed Insolvency Trustee
HEAD OFFICE: 245 Fairview Mall Drive, Suite 720, Toronto, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON
www.DavidSklar.com

STEVEWELKER.CA
DEBT RELIEF WHEN YOU CAN'T REPAY

Free Advice 647-793-6411
CAN YOU REPAY YOUR DEBT ON YOUR OWN?
IF NOT, OUR SERVICES
- Stop: Collection Calls, Interest, Lawsuits & Garnishments
- Reduce Your Debt & Stress
- Don't Require Money Up-Front
- Consolidate Your Debt
- Bankruptcy Is Always The Last Resort

MAIN OFFICE: 1969 WESTON ROAD
Walker and Company Inc. Licensed Insolvency Trustees
647-793-6411
Barrie | Brampton | Burlington | Downtown | Etobicoke | Markham | Mississauga | North York | Scarborough | Whitby

TOO MANY BILLS... ...GET A FRESH START!

Bankruptcy • Proposals
Debt Counselling
416-740-5400
Toronto • Rexdale
Etobicoke • North York
Don Mills • Bloor West
Scarborough
KEVIN THATCHER & ASSOCIATES LTD.
TRUSTEE IN BANKRUPTCY
905-273-6300 Mississauga • Brampton
1-888-329-5198 www.billfixer.com
FREE CONSULTATIONS
EVENING APPOINTMENTS
FLEXIBLE PAYMENTS
Head Office: Rexdale, others non-resident

DEBT RELIEF
Are you drowning in debts?
- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

NONA KUMAR
Estate Administrator
Credit Counsellor
Free Consultation: 416.455.7709
nona@rumanek.com
Rumanek & Co. Ltd. Licensed Insolvency Trustee,
Head Office: 1280 Finch Ave West, Suite 714, Toronto ON
9 Locations in Ontario

CALL ERIKA
(LICENSED DEBT EXPERT)
STOP COLLECTION CALLS
GET DEBT RELIEF NOW!
Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.
1-877-332-8416
416-288-8048
Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)
Rusinek & Associates Inc Trustee in Bankruptcy www.rusinek.ca

courtiers & brokers
Lamina 1-800-NEW-CREDIT (639-2733)
UP TO $1000 LOAN

no credit checks • instant approval •
no documents • paid over 3 to 5 months

EasternLoans.com
NEED MONEY TODAY ?
$500 Loans And Up
NO CREDIT REFUSED
APPLY NOW 1-855-223-0213

EMPLOYMENT

EDUCATION

MORTGAGE APPROVED!
- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-913-9593
WWW.HOMELANDMORTGAGE.ORG
License # 11991

Required by: COMPUTER CABLING INC.
* Job Position: Telecommunications Technician, Full Time, Permanent (On call/Weekend/Day/Evening)
* Job Location: 30 Intermodal Drive Brampton ON L6T 5K1
* Wage: $24 to $30 Per/Hr (35 to 44 Hr/Week)
* Education requirement: CEGEP or DIPLOMA
* Experience: 1 to less than 7 months, Duties: Instruct apprentices; Read and interpret blueprints, Telephone installation and repair; Telecommunication service testing; Switch network installation and repair, Repair or replace defective telephone equipment; Install, arrange , remove and maintain telephone equipment, wiring and associated hardware; Test installed telephone systems to locate transmission faults.
Apply by email: satpal@computercabling.ca

One Bursary, Two Qualifications

- Paralegal + Immigration Consultant
- Paralegal + Law Clerk

Ask about our $2000 Bursary
647.559.3965 | AOLTORONTO.COM
Financial Assistance May Be Available To Those Who Qualify
The Academy of Learning Career & Business College (Bay/ Bloor) is registered under the PCC act 2005 and operated by 1969155 Ontario INC.

Save THOUSANDS and be debt FREE
MR Debt Solutions
416.424.1510
Up to 85% Debt Reduction
Pay ZERO INTEREST
* Home Service Available
* Credit Rebuild Program
* Free Credit Check
www.mrdebtsolutions.com

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better. metronews.ca/panel

Become a Medical Esthetician In Months!

Financial Assistance May Be Available to Those Who Qualify
ANDERSON COLLEGE OF HEALTH, BUSINESS AND TECHNOLOGY
Downtown: 647.691.0669
North York: 647.496.5589
ANDERSONCOLLEGE.COM

RECIPE Fried Egg Sandwich with Avocado Basil Spread

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The delicious avocado spread elevates this simple fried egg sammie to something special, which is what you deserve on a Friday night.

Ready in
Prep time: 5 minutes
Cook time: 5 minutes

Ingredients
- 1/2 avocado
- 5 basil leaves, torn into pieces
- 1 teaspoon lemon juice
- butter for pan
- 2 eggs
- salt and pepper
- 4 slices bread
- 1./4 cup shaved Monterey jack cheese

Directions

1. In a small bowl, mix avocado until smooth. Stir in the lemon juice and pieces of basil. Set aside. Toast four slices of bread in a toaster oven or toaster. Remove and let cool.

2. Spread two slices with avocado mixture. Set aside.

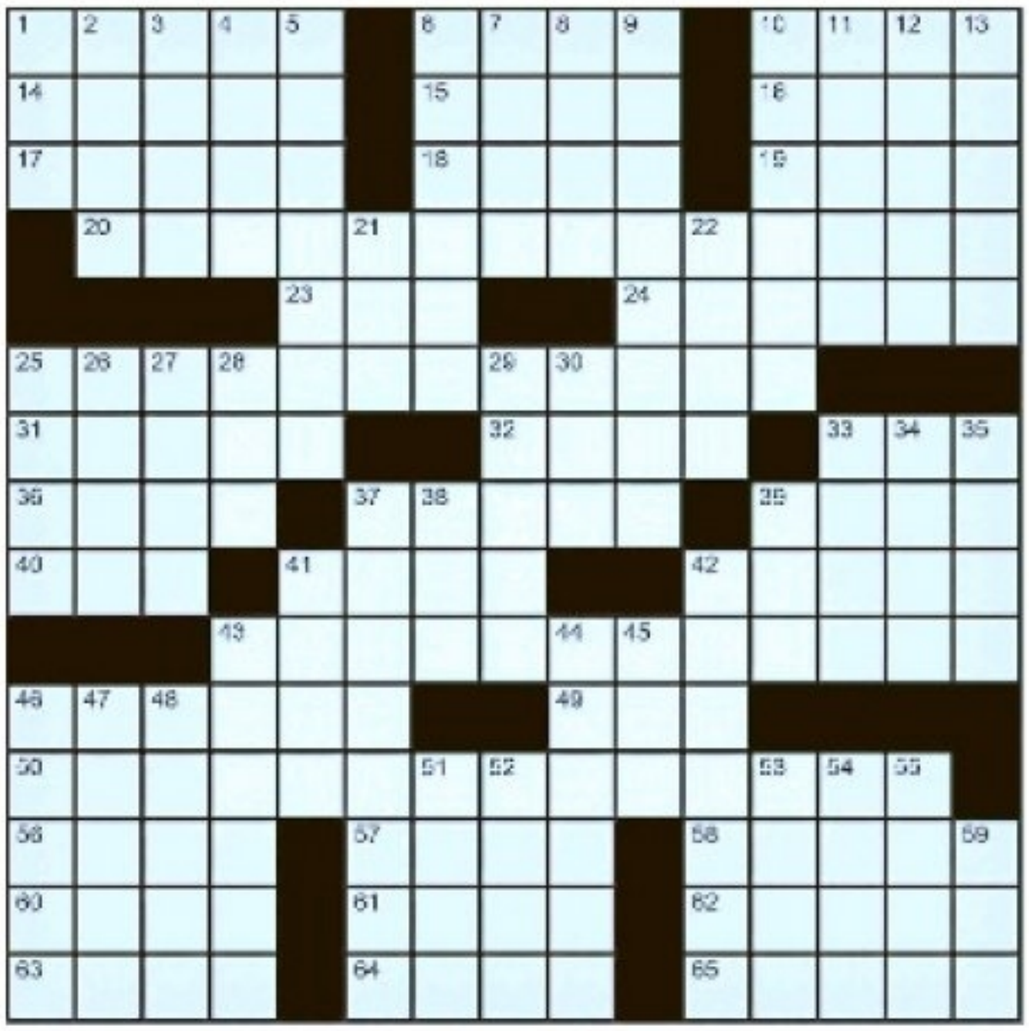
3. Warm a skillet over medium heat. Add 1 to 2 teaspoons of butter and melt. Crack the eggs into the pan and season with salt and pepper. Cook until whites are nearly set then gently flip eggs. Allow to cook another minute and then remove from pan, placing one on each slice of bread without avocado spread.

4. Sprinkle the warm egg with cheese. Top with the slice of bread that has the avocado spread. Cut and serve warm and runny.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Some choral voices
6. _-spa (Day-of-beauty destination)
10. First word in a pageant winner's title
14. Comb's one-of-some
15. Shakespeare's river
16. British comic actor Eric
17. Donny's showbiz sidekick/sister
18. Loaned
19. Horserider's strap
20. Bacteria and fungi
23. Triumph
24. Style of beard
25. The Mosasaur, a prehistoric marine reptile, is Manitoba's official what?: 2 wds.
31. Altercation
32. Sacred bird in ancient Egypt
33. 1984 Cyndi Lauper hit: "_ Bop"
36. Mr. Stonestreet of "Modern Family"
37. Baccarat call
39. Out
40. Abbr. with the date on a been-around-a-long-time company's sign
41. "Remember (Walking in the _)" by The Shangri-Las
42. Dish
43. PEI's provincial flower: 2 wds.
46. The _ (Famous street in London, England)
49. Criticize
50. In the Meat Loaf tune "...there ain't no Coupe de Ville hiding at the bottom..." of a what?: 3 wds.
56. Pig's utterance
57. Barbarian
58. High wave
60. Libertine
61. Pedicure focus
62. Rob
63. Spot
64. _ Terrier (Scottish dog breed)
65. "_ seen his face before..." - The Beatles, "A Day in the Life"

DOWN
1. Li'l money dispenser
2. Garden centre purchase
3. "Nobody Love" singer Ms. Kelly
4. 'Hypn' suffix
5. Big name in paint, _-Williams
6. "Cheers" bartender Sam
7. At all?
8. Ding-_!
9. Etched plate printing process
10. Sister of Moses
11. That is, in Latin: 2 wds.
12. Green goo
13. Brains
21. Midnight _ (Australian band)
22. Denials/rejections, sometimes
25. Complimentary
26. Belonging to us
27. Annoyed mood
28. As written
29. Intellects
30. Telly-watcher's network
33. Give and take
34. Really, really don't like
35. Observer
37. Unrepaid loans: 2 wds.
38. "_ Day Now": 1962 Chuck Jackson hit
39. Austrian peak
41. What the Titanic famously did alas
42. Most rosy
43. Flunky
44. Slimly spread
45. _-Megantic, Quebec
46. Project for Francis Lai or John Williams
47. Peter, Paul and Mary ...and others
48. Accumulated, as a restaurant tab: 2 wds.
51. Chess piece
52. _ Potter, played by Katie Holmes on "Dawson's Creek"
53. Tub
54. Arch type
55. Medical lab picture
59. Antiquity

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a wonderful day to tackle home repairs or have important family discussions; on the whole, people are upbeat and positive. Nevertheless, a brief encounter with your boss might be another matter.

Taurus April 21 - May 21
Today you feel optimistic and hopeful for your future. This is good. Admittedly, responsibilities with children might be challenging.

Gemini May 22 - June 21
This is an excellent day for business and commerce. Look for ways to boost your income, because they exist. Meanwhile, be patient with Mom or an older female relative.

Cancer June 22 - July 23
Today you seem to be larger than life, which is why it's a good day to make overall plans for the future. Your mind is clear, sharp and ready for big ideas!

Leo July 24 - Aug. 23
This is an excellent day to do behind-the-scenes research, because you are in the right frame of mind. You believe you will find what you're looking for, which is why you will probably will!

Virgo Aug. 24 - Sept. 23
Group discussions and talks with clubs and associations will be positive today. Your enthusiasm will persuade others to endorse your ideas.

Libra Sept. 24 - Oct. 23
This is a strong day to talk to bosses, parents and authority figures. Don't listen to nagging second doubts that you privately might have. Just do it.

Scorpio Oct. 24 - Nov. 22
This is a great day to study something new. It's also a good day to make plans for publishing, the media, medicine and the law. Travel plans will be ambitious!

Sagittarius Nov. 23 - Dec. 21
Sit down with someone today to discuss shared property, inheritances, taxes and debt, because you will make strides in these areas. Everyone wants a win/win solution.

Capricorn Dec. 22 - Jan. 20
Relations with others are excellent today. People are interested in new information, because they are impressed with the power of positive thinking.

Aquarius Jan. 21 - Feb. 19
You will accomplish a lot at work today, because you are in a positive frame of mind. Briefly, you might be discouraged about budget restraints or shared equipment.

Pisces
Feb. 20 - March 20
This is a wonderful day for social occasions, the arts, sports events and playful times with children. Be patient with a partner, because a few glitches might arise.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	4			9			8	
					1			
9		8				6		5
	6		8		5			
1								6
			7		3		9	
7		6				2		9
			3					
	8			4			1	

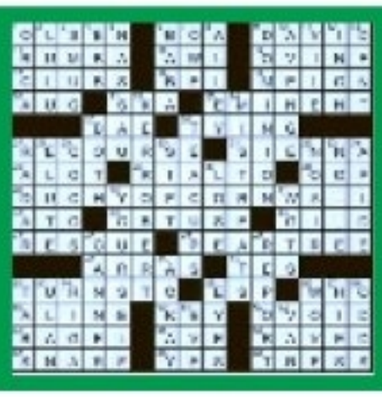
©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

THE HANDY POCKET VERSION!
Get the news as it happens
metro
Download the Metro News App today at metronews.ca/mobile

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



9	3	5	2	4	8	1	7	6
2	4	6	9	7	1	5	3	8
7	1	8	5	3	6	4	2	9
3	2	9	8	5	4	6	1	7
8	5	7	1	6	2	3	9	4
1	6	4	3	9	7	8	5	2
5	7	1	4	8	9	2	6	3
6	8	3	7	2	5	9	4	1
4	9	2	6	1	3	7	8	5

FROM THE HUMANS BEHIND **DESPICABLE ME**

Ever wonder what your pets do when you're not home?

CHLOE
I HAVE RESTING CAT FACE.

SWEETPEA
SORRY ABOUT YOUR WINDSHIELD.

MAX
I REALLY REALLY REALLY REALLY REALLY REALLY REALLY MISSED YOU

GIDGET
NO FILTER NEEDED, I'M THIS ADORABLE.

MEL
I AM THINKING OF ABSOLUTELY NOTHING RIGHT NOW.

SNOWBALL
CUTE IS JUST MY COVER.

DUKE
YOU'RE GONNA NEED A BIGGER LAP.

POPS
FETCH IT YOURSELF.

BUDDY
I'M HAVING A LONG DAY.

ILLUMINATION PRESENTS

THE SECRET LIFE OF PETS

NOW PLAYING

FOR THEATRES AND SHOWTIMES: CHECK LOCAL LISTINGS

ILLUMINATION ENTERTAINMENT

© 2016 UNIVERSAL STUDIOS